Lake Forest College — 16th Annual Forester Invitational

Friday, September 20, 2019
Foss Park Golf Course (North Chicago, IL)

4:30 PM — Women’s 6k race
5:15 PM — Men’s 8k race

Course: The course is relatively flat with a few rolling hills. The course will be doubled lined and every kilometer and mile will be marked.

Results: 2018 Forester Invitational / 2018 Midwest Conference Championships

Entries: Unlimited entries, with the first 5 finishers per team factoring into the scoring.
Unattached athletes/teams are welcome but do not figure in the team scoring.

Entry Fees: $150.00 per men’s team / $150.00 per women’s team
$20.00 per individual for partial teams and unattached runners

Awards: T-shirts will be awarded to the top 20 collegiate place finishers per gender.

Meet Director: Ciara Kissane — 847-735-6135 (w) / 630-930-0174 (c)
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