



14th Annual Forester Invitational

Friday, September 15th, 2017

Foss Park Golf Course 3124 Argonne Dr, North Chicago, IL 60064



Site of the 2018 Midwest Conference Men's & Women's Cross Country Championships

4:45 PM Women's 6k race

5:30 PM Men's 8k race

- Timing Services: AccuRace Timing Services LLC
www accuracetiming.com
- Officiating: Four ITCCOA-certified officials (Referee, Starter & 2x Clerk/Recall Starters)
<http://www.itcco.com/>
- Accommodations: Portable/handicap accessible restrooms on-site near starting line.
- Course: Grass/fairway, fast and flat. Course map will be sent out to those teams who commit a month prior to the race on Tuesday, August 15th.

2011 13th Annual Forester Invitational (Adler Park – Libertyville, IL) Participating Teams (13):

Beloit College, Chicago State University, Edgewood College, Goshen College, University of Illinois at Chicago, Illinois College, Illinois Tech, Knox College, Moraine Valley Community College, Northwestern University, Oakton Community College, Robert Morris University and Roosevelt University

Entries:

Unlimited entries, with the first 5 finishers per team factoring into the scoring
Unattached athletes/teams are welcome but do not figure in the team scoring
Will send several email notices regarding AccuRace entries well before race day

Fees:

\$100.00 per men's team \$100.00 per women's team – \$200.00 for both genders

\$20.00 per individual for partial teams and unattached runners

Please make checks payable to **Lake Forest College Athletics**

Awards:

Asics Dri-Fit T-shirts will be awarded to the top 20 finishers per gender (collegiate or otherwise)

Meet Director:

Daniel Simpson 312.244.0112 / simpson@lakeforest.edu