

# KICKAPOO/LA FARGE LEE GRIFFIN TRACK INVITATIONAL

Monday, April 16, 2018

**TEAMS:** Brookwood, De Soto, Hillsboro, Ithaca-Weston, Necedah, New Lisbon, North Crawford, Seneca, Wauzeka-Steuben, Wonewoc-Center, Kickapoo-La Farge

**TIMES:** 3:30 – Coaches Meeting – High School Library – NO ADDITIONS,  
ONLY SCRATCHES & SUBSTITUTIONS  
4:00 – Field Events  
4:30 – Running Events

**TRACK:** KALITE - 440 track - we only have 6 lanes for most races, we only use lanes 2-7 for the 100 dash, 100H & 110H

**SHOES:** PLEASE NO SPIKES IN SCHOOL

## **ENTRIES:**

- Entries must be completed by visiting [www.directathletics.com](http://www.directathletics.com)
- Online entries must be completed by 8:00pm the evening before the meet.
- Limits – Maximum 28 entries per team not including relays, 3 athletes per event, 1 relay per school (alternates count as event), 4 event maximum per athlete
- SHOT & DISC - ONLY 2 ENTRIES PER TEAM

**ENTRY FEE:** \$125.00

**AWARDS:** 1<sup>st</sup> and 2<sup>nd</sup> place Girls Trophies  
1<sup>st</sup> and 2<sup>nd</sup> place Boys Trophies  
Medals for 1<sup>st</sup> thru 3<sup>rd</sup> place in each event

**FOOD:** Concession stand will be available

## **FACILITIES & GROUNDS:**

Bathrooms will be available in the school. PLEASE NO SPIKES IN SCHOOL.  
The Shot Put and Discus Events are across Highway 131. PLEASE USE CAUTION  
WHEN CROSSING THE ROAD.

## **EVENT INFORMATION (4 JUMPS OR THROWS – NO FINALS):**

HIGH JUMP –	GIRLS FIRST 4:00-5:30 – BOYS 5:45-7:15
LONG JUMP –	OPEN PIT 4:00-7:00
TRIPLE JUMP –	OPEN PIT 4:00-7:00
SHOT PUT –	GIRLS FIRST 4:00-5:30 – BOYS 5:45-7:15
DISCUS –	BOYS FIRST 4:00-5:30 – GIRLS 5:45-7:15
POLE VAULT –	BOYS FIRST 4:00-5:30 – GIRLS 5:45-7:15

**DON'T FORGET TO BRING YOUR OWN STARTING BLOCKS**