

KICKAPOO/LA FARGE - MS TRACK INVITATIONAL

Monday, April 30, 2018

OFFICIALS: Tim Lee, Todd Camlek, Craig Poshepney

TEAMS: Bangor, Boscobel, Brookwood, De Soto, Hillsboro, Kickapoo-La Farge, New Lisbon, North Crawford, Riverdale, Royall, Weston, Wonewoc-Center

TIMES: 4:00 – Coaches Meeting – Press Box –ONLY SCRATCHES & SUBS
4:15 – Field Events
4:45 – Running Events

TRACK: KALITE - 440 track - we only have 6 lanes for most races, we only use lanes 2-7 for the 100 dash, 100H & 110H

SHOES: PLEASE NO SPIKES IN SCHOOL

ENTRIES: •Entries must be completed by visiting www.directathletics.com
•Online entries must be completed by 8:00pm the evening before the meet.

Limitations: 3 events maximum per athlete
5 entries per event - Running and Field Events
2 relay teams
2 entries in SHOT & DISC

NO ENTRY FEES, NO AWARDS

FOOD: Concession stand will be available

FACILITIES & GROUNDS:

Bathrooms will be available in the school. PLEASE NO SPIKES IN SCHOOL. The Shot Put and Discus events are across Highway 131. PLEASE USE CAUTION WHEN CROSSING THE ROAD.

FIELD EVENTS:	SHOT PUT	2 THROWS – CAFETERIA
	DISCUS	2 THROWS – CAFETERIA
	HIGH JUMP	(GIRLS/BOYS)
	LONG JUMP	2 JUMPS – CAFETERIA
	TRIPLE JUMP	2 JUMPS – CAFETERIA
	POLE VAULT	(BOYS/GIRLS)
RUNNING EVENTS:	100 METER HURDLES	(GIRLS/BOYS) (30" 10 HURDLES)
	100 METER DASH	(GIRLS/BOYS)
	1600 METER RUN	(GIRLS/BOYS)
	4x200 METER RELAY	(GIRLS/BOYS)
	400 METER DASH	(GIRLS/BOYS)
	4x100 METER RELAY	(GIRLS/BOYS)
	800 METER RUN	(GIRLS/BOYS)
	200 METER DASH	(GIRLS/BOYS)
	4x400 METER RELAY	(GIRLS/BOYS)