

Westby High School's
The Ken Trott
Cross Country Invitational
Tuesday, Aug. 22nd

Teams invited:

Aquinas, Black River Falls, CFC, Colby, Hillsboro, Kickapoo-La Farge, La Crosse Logan, Luther, Marshall, Mauston, New Lisbon, North Crawford, Providence Academy, Royall and Wauzeka-Steuben.

Location:

Course will be on the Westby high school grounds.

Course:

4000 meters all on grass trails.

Schedule:

Course will open at 3:30.

Girls' Race will be at 5:15pm (one race-no varsity distinction)

Boys' Race will be at 5:45pm “ ”

Awards 6:30pm

Awards:

Trophy to the first place male and female runners.

Individuals Awards for individuals 2nd -15th

Varsity Team Awards: Champion and Runner Up plaque

Registration and Timing:

AccuRace timing will be providing all timing services and that information can be found at <http://accuracetiming.com/>

Miscellaneous:

There are bathrooms available in High School building as well as an out building, both facilities are “relatively” close to course (please plan accordingly). Concessions will be served on site. Finally, for those team scheduled to run at the D2 sectionals we host, Tuesday's 4000 meter course will consist of the large loop which we repeat twice for our 5000 meter course so your athletes will get a taste of the sectional course (I will provide a map and answer any questions anyone may have about differences between our 4000 and 5000 meter course.

Yours in running,
Brian Huebner

