10th Annual Hononegah Track & Field Classic

Date & Location: Saturday, March 3rd, 2018 – AUBURN HIGH SCHOOL

Time Schedule: 9:30 PM – Field Events

9:30 PM – Running Events

Awards: 3:45 PM

We will run ahead of the enclosed schedule if possible!

Entries: Running Events – 2 entries

Relays – 1 Entry

Long Jump & Triple Jump – 2 Entries / Shot Put – 5 Entries

Pole Vault and High Jump – 3 Entries

www.Directathletics.com (Please see attached directions)

Deadline: Friday March 2nd, 2018 8:00 PM. (The meet will not be listed on

www.directathletics.com until Monday, February 26th.)

NO CHANGES / ADDITIONS THE DAY OF THE MEET!

Please do not forget to enter online by the deadline.

Facility: Auburn High School Field House 200 Meter Indoor Track – 6 Lanes

• Up to 1/8 inch spikes may be worn on the track surface

• Failure to abide by this will result in Disqualification and forfeit of points!

• Please see Coach Savage, Clerks, or Starters (Yellow Badges) to check any

shoes.

• NO TAPE OR CHALK ON TRACK SURFACE.

Packet Pick Up: Tables by the finish line. You will receive a meet program and heat sheets and

coaches badges for entry in and out of the Field House.

Team Camps: All Teams will camp in the central gym bleachers

Athletes should carry their spikes to and from the Fieldhouse.

- All Athletes need to enter & exit the Fieldhouse through assigned doors.
- The Central Gym Floor is a warm up area only

Competition Surfaces: 6 Lane 200 Meter Mondo Surface

- Up to 1/8 pyramid spikes allowed in certain areas.
- LJ & TJ Runways are approved for 1/8 pyramid spikes.
- HJ will be on rubber courts. NO SPIKES ALLOWED!!!
- Shot Put will be from a Polanik Platform.
- PV will be mondo
- Not tape or chalk markings are allowed anywhere in the fieldhouse.
- Please bring tennis balls or bean bags, or other non-marking items for your field events and relays.
- We will be providing Starting Blocks that must be used!
- Any Athlete who violates these rules will be immediately DQed from the entire competition!!!

Events: Order of events is included

- Shot Put 4 attempts, and no finals
- Shot Put 2 Rings, Ring 1 first half of flights, Ring 2 second half
- Long Jump & Triple Jump 3 Jumps
- High Jump / Pole Vault: Top 15 Top 20 will be first flight, followed by remainder of the field. Athletes should only use field event areas to warm up before their specific flight.
- Running Events: Slowest Heat to Fastest Heat
- Finals Scoring for 60M Dash and 60M High Hurdle races: By time
- Distance Medley: 1200 400 800 1600

Event Check In: Field Events check in at each field event area.

Running Events check in the room on the side of the the 60M Start line to

get Hip #s. Athletes will be escorted by heat to the starting line.

Awards: Top 8 in Every Event – Medals Top 5 Teams – Trophies

Most Valuable Performance – Field Event, & Running Event (Chosen by

Games Committee)
Top Points Scorer

Scoring: 10-8-6-5-4-3-2-1

Entry Fee: \$275 (Please double check that your school has sent payment)

If your school has not sent payment please ask your AD to do ASAP or

bring payment on March 3rd. This would be greatly appreciated!

Trainer: None. Only ice will be available to your athletes. Please plan accordingly.

T-Shirts: Commemorative Long Sleeve T-Shirts will be sold for \$20.

The t-shirt design will be sent next week and we would appreciate if you can

show your athletes the great design.

Concessions: Concession located outside the Field House. Only Water is allowed in the

Field House. NO OTHER FOOD or DRINKS.

Admission: Adults: \$5 Students/ID: \$2

Participants: Auburn Bartlett Belvidere North
Boylan Burlington Central Cary-Grove

Eisenhower (Blue Island) Fenwick (Oak Park) Freeport
Grayslake Central Grayslake North Harlem

Harvard Hononegah Kaneland (Maple Park)
Lakes (Lake Villa) Larkin (Elgin) Maine South (Park Ridge)
Marengo Niles West (Skokie) Providence Catholic (N.L.)

Rockford Christian Rosary (Aurora) Schaumburg
St. Viator (Arlington Hts) South Elgin Stagg (Palos Hills)
Streamwood West Aurora Woodstock North