

The 6th Annual Harlem Track and Field Invitational

Clyde Peterson Stadium/Harlem High School

1 Huskie Circle

Machesney Park, IL 61115

Coaches Meeting: 9:30 a.m.

Field Events: Field Events will start at 10:00a.m. with Varsity Discus and JV Shot Put, Varsity Long Jump and JV Triple Jump, ALL High Jump/Pole Vault Together. Upon completion of the Varsity event they will flip to the other. 10:30 will begin the JV 3200 and right after we will be recognizing our Seniors in a very short ceremony.

Finals: Start at 11:00a.m. with the order following regular meet with JV Race preceding the varsity event.

Participating Teams: Algonquin Jacobs, Freeport, Harlem, Rock Island, Sycamore, United Township

Entry Form: Due Thursday, April 19, @ 12:00pm. You must enter your line up on www.Directathletics.com. Results will be posted on www accuracetiming.com.

Entries: 2 Varsity and 2 JV per individual events. 1 relay for each level (JV/Varsity) for all four relays. Your TOP 2 contestants should be placed in the varsity event and your 3rd and 4th best should be entered into the JV slot.

Entry fee: \$225. Please send to Harlem Athletics ASAP

Scoring:

Varsity – 10, 8, 6, 4, 2, 1 for both relays and individual events. Medals for 1-6th place

JV- 6, 5, 4, 3, 2, 1 for relays and individual events. Medals for 1st-3rd ribbons for 4th-6th. 1st place and 2nd OVERALL Team Trophies will be awarded. JV scores **will be added** into Varsity results for a TOTAL Team score.

Spikes/Track: We have a newer track and require athletes to use ¼" pyramid spikes or less.

NO TAPE on the track or runways. We will provide chalk, popsicle sticks, or tennis balls for markers.

Remember no marks on the run way for jumping events other than high jump. We will have concessions and meet T-shirts for \$15. Please tell your athletes about the T-shirts in advance!

We have a newer Long Jump/Triple Jump area outside the fenced track area just NORTH of the football field.

We also have a turf football field so athletes should NOT have food, gum, any colored drinks, or seeds inside the fenced area. PLEASE ADVISE YOUR ATHLETES.

All camps must be outside the fenced track area.

Workers: Each school will be assigned a relay exchange to observe. Harlem will cover all other events.

Our meet will use the FAT system for timing. Results will be posted on www accuracetiming.com

Email scott.sholl@harlem122.org with any questions.

6th Annual HARLEM LADY HUSKIES INVITE EVENT ORDER

10:00am- All field events begin

PRELIMS

10:30 JV 3200m Run

****SENIOR RECOGNITION Time Slot****

National Anthem sung by sophomore **Sierra Schaffer**

FINALS (start at 11:00)

JV & V 4X800 (1 heat)

JV 4X100 (1 heat)

V 4X100 (1 heat)

V 3200 (1 heat)

JV 100hh (2 heats)

V 100hh (2 heats)

JV 100dash (2 heat)

V 100dash (2 heats)

JV 800 (1 heat)

V 800 (1 heat)

JV 4X200 (1 heat)

V 4X200 (1 heat)

JV 400 (2 heats)

V 400 (2 heats)

JV 300 LH (2 heats)

V 300 LH (2 heats)

JV 1600 (1 heat)

V 1600 (1 heat)

JV 200 (2 heats)

V 200 (2 heats)

JV 4X400 (1 heat)

V 4X400 (1 heat)

Each school will be assigned an exchange zone to watch over. Please make sure your worker is present at the event in time for the start of the event.

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|-----------------|---------------------------------|
| Sycamore | - Exchange Zone 1 - 4 X 100 |
| Jacobs | - Exchange Zone 2 – 4 X 100 |
| Rock Island | - Exchange Zone 3 4 X 100 |
| Freeport | - Exchange Zone 1 & 3 – 4 X 200 |
| United Township | - Exchange Zone 2 – 4 X 200 |