2016 Willard Hanson Invite

April 21, 2016

Dear Athletic Director/Coach:

Welcome the 2016 Hanson Invitational scheduled for Thursday, May 5th. The order of events and entry information are included. **The format will be a traditional meet.**

3:30 Field Events4:00 Running Events

Enter athletes at www.directathletics.com Entries are 3 per individual event (except 2 in pole vault) with 1 relay per school. Entries will close Wednesday, May 4th at NOON. Timing services will be provided by AccuRace Timing.

Awards will be as follows: Medals to all 1st boys and girls.

Please send the \$150.00 entry fee to Central High School prior to the meet. We are looking forward to seeing you at the Willard Hanson Invitational.

Sincerely,

Joe Beran

La Crosse Central Activities Director

| Varsity Boys | Varsity Girls | |
|--------------|----------------------|--|
| Bangor | Bangor | |
| | | |

Chippewa Falls Chippewa Falls

Holmen Holmen

La Crosse Aquinas
La Crosse Central
La Crosse Central

Onalaska Onalaska Cashton Cashton

Providence Acad. Providence Acad.

Verona

If you have questions or concerns please contact one of us at Central High School at (608) 789-3003

Joe Beran (Activities Director) Chris Callahan (Head Girls Coach) Chad Wilkinson (Head Boys Coach)

Willard Hanson Invitational Thursday, May 5th, 2016 Order of Events

Field Events

| 3:30 | Pole Vault (Boys, Girls) | |
|----------------|---|---|
| 3:30 | High Jump (Girls, Boys) | |
| 3:30 | Discus (Boys, Girls) 4 attempts – NO Finals | |
| 3:30 | Shot Put (Wheelchair, Girls, Boys) 4 attempts – NO Finals | |
| 3:30 | Long Jump (Boys, Girls) 4 attempts – NO Finals | |
| 3:30 | Triple Jump (Girls, Boys) 4 attempts – NO Finals | |
| Running Events | | |
| 4:00 | 4x800 | Girls and Boys may run at same time (weather dependent) |
| | 100 / 110M Hurdle | |
| | 100 M Wheelchair | |
| | 100 M Dash | |
| | 1600 M | |
| | 4x200 Relay | |
| | 400 M Wheelchair | |
| | 400 M | |
| | 4x100 Relay | |
| | 300 Hurdles | |
| | 800 M | |
| | 200 M | |
| | 3200 M | Girls and Boys may run at same time (weather dependent) |
| | 4x400 Relay | |