

2015 Willard Hanson Relays

April 24, 2015

Dear Athletic Director/Coach:

Welcome the 2015 Hanson Relay's scheduled for Thursday, May 8th. The order of events and entry information are included. **The format will be a traditional meet.**

3:30 Field Events

4:00 Running Events

Enter athletes at www.directathletics.com Entries are 3 per individual event (**except 2 in pole vault**) with 1 relay per event. **Entries will close Wednesday, May 6th at NOON.** Timing services will be provided by AccuRace Timing.

Awards will be as follows: Medals to all 1st boys and girls.

Please send the \$150.00 entry fee to Central High School prior to the meet. We are looking forward to seeing you at the Willard Hanson Relays.

Sincerely,

Joe Beran
La Crosse Central Activities Director

Varsity Boys

Bangor
Chippewa Falls
Holmen
La Crosse Aquinas
La Crosse Central
Onalaska
Cashton
Providence Acad.

Varsity Girls

Bangor
Chippewa Falls
Holmen
La Crosse Aquinas
La Crosse Central
Onalaska
Cashton
Providence Acad.
Verona

If you have questions or concerns please contact one of us at Central High School at (608) 789-3003

Joe Beran (Activities Director)
Chris Callahan (Head Girls Coach)
Chad Wilkinson (Head Boys Coach)

Willard Hanson Relays
Thursday, May 7th, 2015
Order of Events

Field Events

- 3:30 Pole Vault (Boys, Girls)
- 3:30 High Jump (Girls, Boys)
- 3:30 Discus (Boys, Girls) 4 attempts – NO Finals
- 3:30 Shot Put (Girls, Boys) 4 attempts – NO Finals
- 3:30 Long Jump (Boys, Girls) 4 attempts – NO Finals (run to completion)
- 5:00 Triple Jump (Girls, Boys) 4 attempts – NO Finals (run to completion)

Running Events

- 4:00 4x800 May run together depending on entries and weather
- 100 / 110M Hurdle
- 100 M Dash
- 1600 M
- 4x200 Relay
- 400 M
- 4x100 Relay
- 300 Hurdles
- 800 M
- 200 M
- 3200 M Girls and Boys will run at same time
- 4x400 Relay