GINGER MORREY TRACK & FIELD INVITATIONAL

Riverdale High School Muscoda, WI 53573 608-739-3116

Athletic Director: Curt Thompson Head Coach: Todd McKay Principal: Jon Schmidt

TEAMS: Benton-Scales Mound, Boscobel, Hillsboro, Ithaca, New Lisbon, Richland Center, Royall,

Seneca, Wauzeka, Wisconsin Heights, Wonewoc, Riverdale,

WHEN: Saturday, May 7th, 2016 WHERE: Riverdale High School Track

TIME: Field events begin at 10:00am; running begins at 10:30am

Coaches meeting at 9:30am in the press box.

Entry Fee: \$150.00

ENTRIES: All entries will be done on line at www.directathletics.com, entries end on Thursday, May 5th, at 7:00pm. Please make sure you log in by Tuesday so that you do not have problems later in the week. All results will be posted on www.accuracetiming.com. Contact www.directathletics.com if you have trouble logging in.

*<u>ALL WIAA RULES APPLY</u> – 3 entries per event, one relay. 28 total entries.

<u>Preliminaries:</u> Preliminaries will be run in the 100M, and 100/110H unless there are no more than eight entries. The winner of each heat will automatically advance to the finals. The next fastest times from all heats will make up the final eight. There will be a 10 minute break following the trials.

Spikes: Only ¼" pyramid spikes may be used on this track.

Scratches: Scratches and changes can be done in the track garage, no additions.

<u>Coaches meeting at 9:30 a.m. in the shelter near track</u>. Scratches and replacements can be made immediately upon arrival in the track garage.

Field Events will begin at 10:00am

*The top nine performances from the flights will go to the finals. The athletes will get 3 attempts in prelims and 3 in the finals.

*Girls Shot Put and Finals – followed by Boys

*Boys Discus and Finals – followed by Girls

*Boys Triple Jump and Finals – followed by Girls

*Girls Long Jump and Finals – followed by Boys

*Boys Pole Vault followed by Girls

*Girls High Jump followed by Boys

Running events will begin at 10:30 a.m. 4x800m Relay will begin with preliminaries in the 100m Dash, 100/110H, following. There will be a coach/parent 4x100 relay following the 4x400 relay.

AWARDS: Medals will be awarded to 1st, 2nd, 3rd places in all events.

Team plaques will be awarded to 1st and 2nd place team.

RESULTS: Will be posted to www.accuracetiming.com following the meet.

CONCESSIONS: We will have a concession stand available.