GINGER MORREY TRACK & FIELD INVITATIONAL

Riverdale High School Muscoda, WI 53573 608-739-3116

Athletic Director: Curt Thompson		Head Coach: Brooke DeWitt	Principal: Jeff Campbell
TEAMS:	Argyle, Cassville, Cuba City, Desoto, Fennimore, Ithaca, Kickapoo, New Lisbon, North Crawford, Richland Center, Riverdale, Seneca, Southwestern, Wauzeka, Wonewoc-Center		
WHEN:	Saturday, May 4 th , 2024		
WHERE:	Riverdale High School Track		
TIME:	Field events begin at 10:00am; running begins at 10:30am		
	Coaches meeting at 9:30am	in the press box.	
Entry Fee:	\$175.00	-	

ENTRIES: All entries will be done online at Milesplit - deadline is noon on Thursday the 2nd. Please make sure you log in by Tuesday so that you do not have problems later in the week. All results will be posted on <u>www.accuracetiming.com</u>. Contact Clark Jillson at <u>chvjillson@aol.com</u> if you have trouble logging in.

*<u>ALL WIAA RULES APPLY</u> – 3 entries per event, one relay. 28 total entries.

<u>Preliminaries</u>: Preliminaries will be run in the 100M, and 100/110H unless there are no more than eight entries. The winner of each heat will automatically advance to the finals. The next fastest times from all heats will make up the final eight. There will be a 10 minute break following the trials.

Spikes: Only ¹/₄" pyramid spikes may be used on this track.

Scratches: Scratches and changes can be done in the announcer stand, no additions.

<u>Coaches meeting at 9:30 a.m. in the shelter near track</u>. Scratches and replacements can be made immediately upon arrival in the announcer stand.

Field Events will begin at 10:00am

Each athlete will have 4 attempts/ throws no finals.

*Girls Shot Put – followed by Boys *Boys Discus – followed by Girls *Boys Triple Jump – followed by Girls *Girls Long Jump – followed by Boys *Boys Pole Vault followed by Girls *Girls High Jump followed by Boys

<u>Running events will begin at 10:30 a.m.</u> 4x800m Relay will begin with preliminaries in the 100m Dash, 100/110H, following.

 AWARDS: Medals will be awarded to 1st, 2nd, 3rd places in all events. Team plaques will be awarded to 1st and 2nd place team.
RESULTS: Will be posted to www.accuracetiming.com following the meet.
CONCESSIONS: We will have a concession stand available.

LET'S HAVE A GREAT MEET!