

**71st ANNUAL FULTON RELAYS  
TUESDAY, APRIL 11, 2017**

**COACHES: PLEASE ADVISE YOUR TEAM OF THE FOLLOWING:**

1. All relay teams are asked to report to the Clerk of the Course at the north end of the straightaway during the race previous to the one they are to compete in.
2. Entries Go to [www.directathletics.com](http://www.directathletics.com) **The Deadline will be 12 noon on Monday April 10<sup>th</sup> and The meet will be timed by accurate timing services**
3. No tape on track, runways or high jump area.
4. Please report all scratches to the press box by 4:30.
5. Scoring for the meet: ALL EVENTS – 10-8-6-4-2-1  
(**Fresh soph 4x100 and 4 x 400 will count towards scoring**)
6. Individual events – 3 attempts prelims - 3 attempts finals - top 8 prelims make finals - top 6 in finals place (refer to #5 – meet scoring). High Jump will be determined on 3 preliminary straight jumps.
7. Please advise your athletes they must wear spikes that DO NOT EXCEED 1/4”.
8. All “camps” will be kept outside the track area.

**LIMITATION RULE:** Each contestant is limited to four events. He may compete in field events or four running events or a combination. Each team is limited to **1 team per relay, and a limit of two athletes in field events.**

**SCHEDULE OF EVENTS**

4:15 FIELD EVENTS - SHOT PUT, DISCUS, HIGH JUMP AND LONG JUMP  
(TRIPLE JUMP WILL FOLLOW AT THE

CONCLUSION

OF THE LONG JUMP. THERE WILL BE NO POLE  
VAULT)

**ALL TIMES APPROXIMATE**

5:30 1600 Medley relay (200,200,400,800)

5:45 Distance Medley ( 800,400,800, 1600)  
6:10 440 METER LOW/HIGH SHUTTLE HURDLE RELAY: 1ST RUNNER-  
LOWS/  
2ND RUNNER-HIGHS/ 3RD RUNNER-LOWS/4TH RUNNER-HIGHS  
6:20 VARSITY 4 x 100 METER RELAY  
6:30 F-S 4 x 400 METER RELAY  
6:40 SPRINT MEDLEY (100-100-200-400)  
6:50 4 x 800 METER RELAY  
7:15 4 x 200 METER RELAY  
7:25 F-S 4 x 100 METER RELAY  
7:35 4 x 400 METER RELAY

**ALL WINNERS IN THE RELAYS WILL BE DETERMINED ON A TIME  
BASIS.  
THE "NO FALSE START" WILL BE USED.**

## **GENERAL INFORMATION**

The 71st Annual Craig Faulkner Fulton Relays Track Meet will be held on the Fulton High School Track on Tuesday, April 11, 2017. Field events will begin at 4:15 p.m. with track events beginning at 5:30 p.m. **Entry Fee \$150.00**

## **SCHOOLS**

Schools entered in the Relays include: Amboy, Camanche, Erie/Prophetstown, Galena, Milledgeville, Morrison, Newman, Riverdale, Sherrard, West Carroll, and the host, Fulton.

## **ADMISSION**

Admission will be - \$4.00 for adults and \$3.00 for anyone else high-school age and under. River Bend season passes, and TRAC conference passes will be honored.

## **CONCESSIONS**

Fulton High School will have concessions available. The concession stand is located inside the commons area of the athletic complex.

## **TROPHIES**

First and second place team plaques will be awarded. Medals will be awarded to all first and second place relay teams and ribbons to all third, fourth, fifth, and sixth place relay teams. Medals will be awarded to all individuals winning first and second. In the individual events, ribbons will be awarded for third, fourth and fifth places.

DEAR COACH:

We would greatly appreciate your help with the meet. Please provide one (1) timer or field event judge.

Please fill in the name(s) of one or more of your coaches or adult volunteers who would be able to help at the meet.

**Please return this page as soon as possible.**

**THANK YOU!!!**

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SCHOOL

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NAME OF VOLUNTEER

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PLEASE INDICATE YOUR PREFERENCE:

TIMER \_\_\_\_\_

PICKER \_\_\_\_\_

FIELD EVENT \_\_\_\_\_

