

Frigid Bee Opener
Roell Indoor Track - St. Ambrose University
Davenport, Iowa - 1/13/18
Meet Program

Event 1 Women 3000 Meter Run (28)

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Erin LaRusso	JR	Augustana	13:15.00
2	Mary Toohill		Unattached	X11:48.00
3	Daniele London	FR	Augustana	11:25.00
4	Kylie Cline	JR	Augustana	11:25.00
5	Shelby Limbach	FR	Augustana	12:00.00
6	Belle Hartman	JR	Augustana	11:25.00
7	Genevieve Rodriguez	SR	Augustana	11:30.00
8	Kelci Foss	SR	Monmouth	11:53.51
9	Sierra Scanlan	SR	Augustana	11:30.00
10	Jessica Lechtenberg	JR	Augustana	11:25.00
11	Sydney Lafrentz	JR	Grand View	NT

Section 2 of 2 Finals

1	Ashlee Knott	SR	St. Francis	10:24.78
2	Mackenzie Renihan	JR	Augustana	10:55.00
3	Cassidy Wingerd	JR	Augustana	10:55.00
4	Carol Garcia	JR	Augustana	10:55.00
5	Taylor Conroy	SO	St. Francis	10:45.00
6	Keeley Knobloch	JR	St. Ambrose	10:52.00
7	Lexi Bennis	FR	Augustana	10:55.00
8	Michelle DeArmond	JR	Augustana	10:55.00
9	Megan Grady	FR	St. Ambrose	10:52.00
10	Karyn Paisley	SR	St. Ambrose	10:52.00
11	Catherine Crosson	SR	St. Francis	10:37.00
12	Caitlyn Allen	JR	Monmouth	10:46.13
13	Chloe Gunn	JR	St. Ambrose	10:52.00
14	Jenny Dickes	SO	St. Ambrose	10:52.00
15	Hannah Penn	JR	Augustana	10:55.00
16	Laura McNair	JR	Augustana	10:55.00
17	Brianna Jepson	SR	Augustana	10:55.00

Event 2 Men 3000 Meter Run (24)

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Jakob Weiss	SO	Augustana	10:12.39
2	Kirk Leach	FR	Grand View	NT
3	Evan Rix	JR	Grand View	NT
4	Jacob Sanchez	FR	Augustana	NT
5	Taylor Murray	JR	Grand View	NT
6	Sawyer Swearingen	FR	Augustana	NT
7	Tate Henrikson	FR	Augustana	NT
8	Cameron Shotton	SO	Augustana	9:46.31
9	Alex Arechavaleta	JR	Grand View	NT
10	Sam Long	SO	St. Ambrose	NT
11	Kyle Campagna	FR	St. Ambrose	NT
12	Eric Judd	FR	St. Francis	NT

Section 2 of 2 Finals

1	Matthew Contreras	SO	Augustana	9:18.00
2	Emilio Mancha	JR	St. Ambrose	9:06.15
3	Skylar Mitchell	SR	St. Ambrose	9:05.00
4	David Whittle	JR	St. Ambrose	9:20.00
5	Peter Francissan	SR	Augustana	9:19.00
6	Cooper Pauley	SR	Monmouth	9:02.51
7	Mark Lundine	SR	Augustana	9:19.00
8	Alex Cooper	JR	St. Francis	9:17.17
9	Angel Mejia	FR	St. Francis	9:14.00
10	Michael Mankowski	SO	Augustana	9:09.00
11	Steven Homecgoy	JR	St. Francis	9:20.00
12	Zachary Hoover	FR	St. Francis	9:00.00

Event 3 Women Distance Medley (2)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	St. Ambrose		NT
2	Monmouth		12:50.84

Event 4 Men Distance Medley (5)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Augustana		11:10.00
2	Monmouth	B	NT
3	Monmouth		11:02.55
4	St. Ambrose		NT
5	Grand View		11:30.00

Event 5 Women 1 Mile Run (27)

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Marielena Castillo	SO	Augustana	6:00.00
2	Alayna Connolly	JR	Augustana	6:00.00
3	Alondra Hernandez	JR	Augustana	6:30.00
4	Comet Blecha	SR	Augustana	6:00.00
5	Mackenzie Christensen	FR	Grand View	6:30.00
6	Annie Huguelet	FR	St. Francis	6:10.00
7	Sadie Brown	FR	Augustana	6:45.00
8	Julia Levy	SO	Augustana	6:55.00
9	Olivia Hogenkamp	FR	Augustana	6:30.00
10	Katie Iverson	FR	Augustana	6:30.00
11	Tayloran Miller	SO	Augustana	6:45.00
12	Maggie Ferrel	FR	Grand View	6:40.00
13	Michaela Barretta	SO	Grand View	6:10.00

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Section 2 of 2 Finals...(Event 5 Women 1 Mile Run (27))

1	Kelci Foss	SR Monmouth	5:55.60	_____
2	Morayma Barron	SO St. Francis	5:55.00	_____
3	Mallory Johnson	SR St. Francis	5:47.90	_____
4	Claire Koszewski	SO Augustana	5:55.00	_____
5	Katie Syer	FR Augustana	5:50.00	_____
6	Ashlyn Rulis	SR St. Ambrose	5:40.00	_____
7	Laisha Corona	FR St. Francis	5:42.00	_____
8	Jill Humecke	SO Augustana	5:36.00	_____
9	Mackenzie Renihan	JR Augustana	5:37.00	_____
10	Maggie Utgaard	JR Augustana	5:46.00	_____
11	Mallory Rettenmeier	SO St. Ambrose	5:40.00	_____
12	Celine Espinoza	JR St. Francis	5:45.00	_____
13	Amy Wollenburg	SR Monmouth	5:50.00	_____
14	Caitlyn Allen	JR Monmouth	5:28.82	_____

Event 6 Men 1 Mile Run (17)

Lane	Name	Yr School	Seed Time	
Section 1 of 2 Finals				
1	Ehren Braun	SO Augustana	5:12.00	_____
2	Tristan Bennis	SR Augustana	4:52.00	_____
3	Alexander Binengar	FR Augustana	5:05.00	_____
4	Casey Gerczak	JR St. Ambrose	5:00.00	_____
5	Miguel Lomeli	Unattached	X4:50.00	_____
6	Jackson Mainellis	FR Augustana	4:59.00	_____
7	Danny Parr	FR St. Ambrose	5:26.98	_____
8	Jacob Vowell	FR Augustana	4:48.00	_____
Section 2 of 2 Finals				
1	Jonathan Behling	FR St. Francis	4:45.00	_____
2	Andrew Martinez	FR St. Francis	4:23.00	_____
3	Brandon Wilkerson	JR Augustana	4:27.08	_____
4	Gabe Ceballos	JR St. Francis	4:34.52	_____
5	Joel O'Shea	SO St. Francis	4:27.52	_____
6	Matt Wilson	SO St. Francis	4:33.92	_____
7	Rob Williams	JR Augustana	4:32.66	_____
8	Chris Pagan	FR St. Francis	4:45.00	_____
9	Kevin Claus	SR Augustana	4:32.09	_____

Event 7 Women 60 Meter Hurdles (14)

Top 16 Advance by Time				
Lane	Name	Yr School	Seed Time	
Heat 1 of 2 Prelims				
1	Maddy Youngers	SO St. Ambrose	9.59	_____
2	Kaitlin Holschlag	FR Grand View	NT	_____
3	Amara Taylor	FR Grand View	9.30	_____
4	Audrey Hogenkamp	JR Augustana	10.66	_____
5	Jada Wyrick	FR Grand View	NT	_____
6	Jessica Wulffen	JR St. Ambrose	11.68	_____
7	Katlyn Haeflinger	FR Augustana	NT	_____

Heat 2 of 2 Prelims

2	Jessica VanZuuk	JR Grand View	9.85	_____
3	Megan Meiller	SO Grand View	10.40	_____
4	Tatum Nearmyer	FR Grand View	NT	_____
5	Sofia Wajner	SO Augustana	8.94	_____
6	Celina Rippel	FR Augustana	NT	_____
7	Amber Castillo	FR Grand View	NT	_____
8	Trystin Stille	FR Grand View	NT	_____

Event 8 Men 60 Meter Hurdles (14)

Top 16 Advance by Time				
Lane	Name	Yr School	Seed Time	
Heat 1 of 2 Prelims				
1	Nic Cervantes	SO Augustana	9.75	_____
2	Matt Svoboda	SR St. Ambrose	9.62	_____
3	Riley Smith	FR Augustana	NT	_____
4	Clayton Sommers	JR Augustana	8.95	_____
5	Brandon Ruffin	JR St. Francis	8.45	_____
6	Urvaksh Avanthsa	FR Augustana	9.08	_____
7	Jack Reemtsma	JR St. Ambrose	8.41	_____
Heat 2 of 2 Prelims				
2	Andrew Adams	SR Augustana	9.40	_____
3	Peyton Couch	FR Augustana	9.35	_____
4	Jorden Nathan	JR Grand View	8.60	_____
5	Daniel Bornstien	FR Augustana	NT	_____
6	Paul Cabrera	FR Augustana	NT	_____
7	Vaughn Gentzler	SR Monmouth	8.31	_____
8	Cole Connell	JR St. Ambrose	8.77	_____

Event 9 Women 60 Meter Dash (13)

Top 16 Advance by Time				
Lane	Name	Yr School	Seed Time	
Heat 1 of 2 Prelims				
1	Hannah Willhite	SO Augustana	8.04	_____
2	Destiny McGinnis	FR Grand View	NT	_____
3	Mary Perez	SR St. Ambrose	8.18	_____
4	Jessica Wulffen	JR St. Ambrose	9.02	_____
5	Mackenzie Baker	FR Monmouth	8.20	_____
6	Talia Jones-Wright	FR St. Francis	8.07	_____
Heat 2 of 2 Prelims				
2	Lani Hillard	FR St. Ambrose	NT	_____
3	Jenna Moody	SR St. Francis	7.67	_____
4	Anne Nolting	JR St. Ambrose	8.14	_____
5	Mary Jensen	FR St. Ambrose	8.29	_____
6	Jamiya Johnson	FR Monmouth	NT	_____
7	Paige Speelman	FR St. Francis	8.32	_____
8	Amanda Peterson	FR Augustana	8.10	_____

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Event 10 Men 60 Meter Dash (27)

Top 16 Advance by Time			
Lane	Name	Yr School	Seed Time
Heat 1 of 4 Prelims			
2	Sam Bandemer	SR St. Francis	7.42
3	Kyron Smart	JR Unattached	X7.32
4	Stone Darrow	SO Monmouth	7.24
5	Noah Patterson	FR Augustana	7.22
6	Darrell Jackson	FR St. Francis	NT
7	Connor McGing	FR Augustana	7.77
Heat 2 of 4 Prelims			
1	Lucas Sondgeroth	SO Monmouth	7.30
2	Alec Lidinsky	SR Augustana	7.24
3	Noah Fritz	SO St. Francis	NT
4	Alexander Lopez	FR St. Francis	7.71
5	Vance Bohlen	JR St. Ambrose	7.08
6	Logan Enstrom	JR Augustana	7.46
7	Tyler Burns	JR Augustana	NT
Heat 3 of 4 Prelims			
1	Melvin Pettis	FR St. Ambrose	7.25
2	Cody Goforth	JR Augustana	7.66
3	Nick Murray	JR St. Francis	NT
4	Marcus Melancon	SR St. Francis	7.50
5	Chandler Diehl	FR Monmouth	7.30
6	Michael Johnson	SO Augustana	7.02
7	Nick Metrou	FR Augustana	NT
Heat 4 of 4 Prelims			
2	Dylan Malinowsky	SO Augustana	7.55
3	Jordan Duncan	SR St. Francis	6.93
4	AJ Mimitz	FR Augustana	7.29
5	Dante Johnson	Unattached	XNT
6	Marcus Prince	SO Unattached	XNT
7	Whitaker Siaw	SO Augustana	7.29
8	Chaz Heintzleman	SR St. Francis	7.55

Event 11 Women 400 Meter Dash (27)

Lane	Name	Yr School	Seed Time
Section 1 of 6 Finals			
3	Jessica Salinas	JR Monmouth	NT
4	Ana Warkocki	FR Augustana	NT
5	Elizabeth Erlandson	FR Augustana	NT
Section 2 of 6 Finals			
3	Marissa Reed	FR Grand View	1:09.10
4	Kaleigha MacDougall	SR Grand View	1:08.50
5	Deja Sanders	FR Grand View	1:09.00
6	Sophia Bolanos	JR Augustana	NT

Section 3 of 6 Finals

2	Lindsay Freese	FR St. Francis	1:06.51
3	Kristina Shelman	SO St. Ambrose	1:06.38
4	Bridget Sulek	SO St. Ambrose	1:04.16
5	Stephanie Cruz	SO St. Francis	1:06.37
6	Calin Wolcott	FR St. Francis	1:06.50

Section 4 of 6 Finals

2	Cynthia Myers	JR Monmouth	1:04.00
3	Isabella Kosier	SR Monmouth	1:02.90
4	Charlette Flanders	NA Unattached	X1:02.30
5	Megan Schlebecker	FR Augustana	1:02.80
6	Vanessa Caldwell	SO Monmouth	1:03.00

Section 5 of 6 Finals

2	Alyssa Bushman	SO Augustana	1:02.00
3	Eva Bruno	FR St. Francis	1:01.86
4	Allie Flaws	SO Grand View	1:01.75
5	Caleigh Beverly	SR St. Francis	1:01.82
6	Madi Glatz	SO Augustana	1:02.00

Section 6 of 6 Finals

2	Valeria Melo	SR Augustana	1:00.88
3	Ronnoja Ayers	SR Grand View	1:00.50
4	Celina Mayforth	FR St. Francis	59.50
5	Sydney Zaragoza	SR Augustana	59.99
6	Abby Hammer	SR St. Ambrose	1:00.50

Event 12 Men 400 Meter Dash (26)

Lane	Name	Yr School	Seed Time
Section 1 of 6 Finals			
3	Jarius Shannon	Unattached	XNT
4	Sean Sheehan	FR Augustana	59.44
5	Michael Marshall	FR St. Ambrose	NT
Section 2 of 6 Finals			
3	Jacob Stone	FR St. Ambrose	58.11
4	John Newton	FR Grand View	55.90
5	Darius Stone	JR Monmouth	56.04
Section 3 of 6 Finals			
2	Taylor Manternach	FR St. Ambrose	55.20
3	Thomas Brown	JR St. Francis	54.92
4	Kyron Smart	JR Unattached	X54.45
5	David Krueger	NA Unattached	X54.68
6	Kyus Shineflew	SO Grand View	55.10
Section 4 of 6 Finals			
2	Tate Heiple	JR Monmouth	54.20
3	Grayson Thacker	FR Grand View	53.75
4	Alex Bala	SR St. Ambrose	53.32
5	Bryent Van De Wostine	JR Monmouth	53.50
6	Tyler Bland	JR Monmouth	54.00

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Section 5 of 6 Finals...(Event 12 Men 400 Meter Dash (26))

2	Vaughn Gentzler	SR	Monmouth	53.20
3	Jake Thompson	JR	Grand View	52.85
4	Barrion Collins	FR	Grand View	52.50
5	Marc Lidinsky	JR	Augustana	52.79
6	Major Watkins	NA	Unattached	X53.01

Section 6 of 6 Finals

2	Jake Clouse	FR	Grand View	51.50
3	Josh Yamamoto	SR	Augustana	50.19
4	Jack Reemtsma	JR	St. Ambrose	49.50
5	Michael Giovannelli	SR	St. Francis	50.01
6	Austin Wheeler	JR	Augustana	50.65

Event 13 Women 1000 Meter Run (11)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Teagan McKenna	FR	Monmouth	NT
2	Kennedy King	SR	Grand View	3:15.00
3	Ashley Plumb	JR	St. Ambrose	3:03.64
4	Julia Sterr	FR	Monmouth	NT
5	Veronica Navarrete	FR	St. Francis	3:18.00
6	Bre Rodriguez	SO	St. Francis	3:15.00
7	Sabrina Baftiri	FR	St. Francis	3:17.00
8	Abby Sears	SO	St. Ambrose	3:10.00
9	Joanna Podosek	SR	Monmouth	3:00.00
10	Amy Wollenburg	SR	Monmouth	NT
11	Katie Roberts	SR	Grand View	3:15.00

Event 14 Men 1000 Meter Run (15)

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Tanner Heiple	SO	Monmouth	NT
2	Brandon Albaugh	SO	Grand View	2:45.00
3	Mike Bersell	JR	Monmouth	NT
4	Alberto Vargas	SO	St. Ambrose	3:13.12
5	Carson Doty	FR	Grand View	2:45.00
6	Griffin Morrill	FR	Monmouth	NT
7	Stein Glastra	FR	Augustana	NT
Section 2 of 2 Finals				
1	Brian Blaylock	SR	St. Francis	2:30.00
2	Aaron Sanchez	SR	St. Francis	2:40.00
3	Josh Teets	FR	Augustana	2:33.00
4	John Principato	SR	St. Francis	2:35.00
5	Misael Tobias	SR	St. Francis	2:38.00
6	Nick Harvey	SO	Augustana	2:32.09
7	Rane Nichols	SR	St. Ambrose	2:30.00
8	Josh Pestka	SO	St. Ambrose	2:29.00

Event 15 Women 800 Meter Run (5)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Carrington Curphy	FR	St. Ambrose	NT
2	Sarah Adams	SO	St. Ambrose	2:25.00
3	Eva Bruno	FR	St. Francis	2:23.00
4	Megan Curley	FR	St. Ambrose	NT
5	Corrie Reilly	NA	Unattached	X2:25.00

Event 16 Men 800 Meter Run (15)

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Brandon Young	FR	Grand View	2:08.00
2	Anthony Brown	SO	Augustana	2:09.98
3	Mitchell Roedel	FR	Augustana	2:09.00
4	Trevor Albert	FR	Grand View	2:05.00
5	Billy O'Connor	FR	Augustana	2:11.00
6	Joseph Teresi	SR	Augustana	2:05.89
7	Hunter Todd	SO	Monmouth	NT
Section 2 of 2 Finals				
1	Jacob Barr	SR	Augustana	2:04.65
2	Clay Colborn	SO	St. Ambrose	2:02.00
3	Justin Christensen	NA	Unattached	X2:04.00
4	Justin Verlinden	SO	Augustana	2:02.38
5	Tim Hyde		Unattached	X2:04.22
6	Ben Huftalin	FR	Grand View	2:05.00
7	Nathan Ambrose	JR	Augustana	1:58.99
8	Kristian Carroll	JR	Augustana	2:04.99

Event 17 Women 3000 Meter Race Walk (5)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Michaela Barretta	SO	Grand View	21:30.00
2	Mackenzie Christensen	FR	Grand View	NT
3	Jenny Lopez	SR	St. Ambrose	NT
4	Cassandra Delgado	JR	St. Ambrose	NT
5	Katharine Newhoff	JR	St. Ambrose	NT

Event 18 Men 3000 Meter Race Walk (4)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Anthony Peters	SR	St. Ambrose	NT
2	Emilio Mancha	JR	St. Ambrose	NT
3	Jack Haugen	SO	St. Ambrose	NT
4	Taylor Murray	JR	Grand View	18:52.23

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Event 19 Women 200 Meter Dash (27)

Lane	Name	Yr	School	Seed Time
Section 1 of 6 Finals				
3	Jamiya Johnson	FR	Monmouth	NT
4	Kristina Shelman	SO	St. Ambrose	NT
5	Sophia Bolanos	JR	Augustana	NT
Section 2 of 6 Finals				
3	Jessica Wulffen	JR	St. Ambrose	31.13
4	Trystin Stille	FR	Grand View	29.60
5	CeCi Crown	JR	Augustana	30.85
6	Katlyn Haeflinger	FR	Augustana	NT
Section 3 of 6 Finals				
2	Calin Wolcott	FR	St. Francis	28.99
3	Charlette Flanders	NA	Unattached	X28.30
4	Mary Jensen	FR	St. Ambrose	28.28
5	Lauren Lamourt	SO	St. Ambrose	28.30
6	Isabella Kosier	SR	Monmouth	28.50
Section 4 of 6 Finals				
2	Mackenzie Baker	FR	Monmouth	28.00
3	Chantel Blair	SO	Grand View	27.85
4	Lani Hillard	FR	St. Ambrose	27.50
5	Anne Nolting	JR	St. Ambrose	27.57
6	Morgan McEnroe	JR	Augustana	27.90
Section 5 of 6 Finals				
2	Destiny McGinnis	FR	Grand View	27.40
3	Abbie Fuller	SO	St. Ambrose	27.10
4	Sofia Wajner	SO	Augustana	26.90
5	Alyssa Bushman	SO	Augustana	26.95
6	Paige Speelman	FR	St. Francis	27.27
Section 6 of 6 Finals				
2	Talia Jones-Wright	FR	St. Francis	26.81
3	Amanda Peterson	FR	Augustana	26.25
4	Jenna Moody	SR	St. Francis	25.08
5	Hannah Willhite	SO	Augustana	26.24
6	Mary Perez	SR	St. Ambrose	26.78

Event 20 Men 200 Meter Dash (44)

Lane	Name	Yr	School	Seed Time
Section 1 of 9 Finals				
3	Melvin Pettis	FR	St. Ambrose	NT
4	Jarius Shannon		Unattached	XNT
5	Marcus Prince	SO	Unattached	XNT
6	Leonard Jones	FR	St. Ambrose	NT

Section 2 of 9 Finals

2	Dante Johnson		Unattached	XNT
3	Alex Kostyzak	FR	Grand View	25.20
4	Quintin Adler	FR	Monmouth	25.00
5	John Newton	FR	Grand View	25.10
6	Keith Steinbach	FR	St. Ambrose	25.36

Section 3 of 9 Finals

2	Jack Miller	SO	Augustana	24.81
3	Alexander Lopez	FR	St. Francis	24.73
4	Kyron Smart	JR	Unattached	X24.32
5	Nick Metrou	FR	Augustana	24.55
6	Brockton Reed	FR	St. Ambrose	24.75

Section 4 of 9 Finals

2	Dylan Malinowsky	SO	Augustana	24.22
3	Chaz Heintzleman	SR	St. Francis	24.16
4	Keaton Comstock	FR	Grand View	23.90
5	Bradley Kohler	FR	Augustana	23.99
6	Connor McGing	FR	Augustana	24.22

Section 5 of 9 Finals

2	Cody Goforth	JR	Augustana	23.90
3	Josh Drew	SR	St. Ambrose	23.82
4	Lucas Sondgeroth	SO	Monmouth	23.68
5	Andrew Clements	SR	Grand View	23.75
6	Logan Enstrom	JR	Augustana	23.88

Section 6 of 9 Finals

2	Sam Bandemer	SR	St. Francis	23.63
3	AJ Mimplitz	FR	Augustana	23.57
4	Isiah Williams	FR	St. Francis	23.51
5	Vance Bohlen	JR	St. Ambrose	23.53
6	Alec Lidinsky	SR	Augustana	23.59

Section 7 of 9 Finals

2	DJ Moffitt	FR	Grand View	23.40
3	Alec McElyea	FR	St. Ambrose	23.24
4	Noah Patterson	FR	Augustana	23.12
5	Travon Aldridge	SR	Augustana	23.22
6	Whitaker Siaw	SO	Augustana	23.37

Section 8 of 9 Finals

2	Chandler Diehl	FR	Monmouth	23.10
3	Stone Darrow	SO	Monmouth	22.94
4	James Warren		Unattached	X22.44
5	Michael Johnson	SO	Augustana	22.56
6	Daniel Headley	SO	Grand View	22.95

Section 9 of 9 Finals

2	Jeffrey Swanson	SR	Augustana	22.17
3	Alex LaMendola	SR	Augustana	22.06
4	Michel Ohioze		Unattached	X21.99
5	Kyle Hucker	SR	Augustana	22.02
6	Jordan Duncan	SR	St. Francis	22.10

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Event 21 Women 4x400 Meter Relay (11)

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	St. Ambrose	B	NT
2	Augustana	C	4:20.00
3	Monmouth		4:18.00
4	Grand View	B	4:20.00
5	Grand View	C	4:25.00
Section 2 of 2 Finals			
1	St. Ambrose		4:10.00
2	Augustana		4:05.00
3	St. Francis		4:01.00
4	Grand View		4:05.00
5	Augustana	B	4:07.00
6	St. Francis	B	4:17.00

Event 22 Men 4x400 Meter Relay (17)

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	St. Ambrose	D	NT
2	Augustana	F	3:36.00
3	Monmouth	B	3:35.00
4	St. Ambrose	C	3:35.00
5	Augustana	D	3:36.00
Section 2 of 3 Finals			
1	Augustana	E	3:32.00
2	Augustana	C	3:30.00
3	Grand View	B	3:29.00
4	St. Ambrose	B	3:30.00
5	Monmouth		3:30.00
6	Monmouth	C	3:32.00
Section 3 of 3 Finals			
1	St. Ambrose		3:25.00
2	Unattached		X3:23.00
3	Augustana		3:21.50
4	Augustana	B	3:21.50
5	Grand View		3:25.00
6	St. Francis		3:29.00

Event 23 Men Pole Vault (12)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Matt Svoboda	SR	St. Ambrose	3.36m
2	David Krueger	NA	Unattached	X3.46m
3	Peyton Couch	FR	Augustana	3.60m
4	Andrew Adams	SR	Augustana	3.70m
5	Kyle Baus	FR	Augustana	3.95m
6	Cole Connell	JR	St. Ambrose	4.10m
7	Marcus Hayden	SO	St. Francis	4.27m
8	Mark Vanderheyden	JR	Augustana	4.33m
9	Patrick Crompton	JR	Augustana	4.45m
10	Edward Sierra-Lee		Unattached	X4.57m
11	Arthur Atwell	SO	Augustana	4.76m
12	Dan Evers	SR	Monmouth	5.20m

Event 24 Women Pole Vault (8)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Cierra Volpendesta	SO	St. Francis	2.31m
2	Kelsey Weatherford	FR	St. Ambrose	2.44m
3	Jordan MacNeil	FR	Augustana	2.75m
4	Alissa DeShane	FR	St. Ambrose	2.90m
5	Alex Axup	FR	St. Ambrose	2.90m
6	Ashley Talken	JR	Augustana	3.19m
7	Leah Flanagan	SO	Augustana	3.58m
8	Mackenzie Butcher	JR	Augustana	3.73m

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Event 25 Men High Jump (20)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Darius Stone	JR	Monmouth	NH
2	Linc Thomas	FR	Grand View	NH
3	Keaton Comstock	FR	Grand View	NH
4	Keith Steinbach	FR	St. Ambrose	NH
5	Jake Thompson	JR	Grand View	1.65m
6	Michael Marshall	FR	St. Ambrose	1.68m
7	Alex Kostyzak	FR	Grand View	1.70m
8	Sean Sheehan	FR	Augustana	1.70m
9	Alex Cutright	FR	Monmouth	1.80m
10	Jaron Jackson	FR	Monmouth	1.80m
11	Matt Svoboda	SR	St. Ambrose	1.81m
12	Cole Connell	JR	St. Ambrose	1.84m
13	Urvaksh Avanthasa	FR	Augustana	1.85m
14	Quentin Hall	JR	St. Ambrose	1.85m
15	Gage Sears	JR	Augustana	1.89m
16	Tyler Burns	JR	Augustana	1.89m
17	Ryan Thornton	FR	Augustana	1.89m
18	Emanuel Bada	FR	Augustana	1.90m
19	Clayton Sommers	JR	Augustana	1.94m
20	Brandon Ruffin	JR	St. Francis	1.96m

Event 26 Women High Jump (9)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Josie Welker	FR	Monmouth	NH
2	Megan Schlebecker	FR	Augustana	NH
3	Jessica Wulffen	JR	St. Ambrose	1.22m
4	Bridget Sulek	SO	St. Ambrose	1.35m
5	Megan Meiller	SO	Grand View	1.45m
6	Aleeka Gentzler	SO	Monmouth	1.47m
7	Audrey Hogenkamp	JR	Augustana	1.50m
8	Madi Schulenberg	SR	Monmouth	1.55m
9	Brooke Harmon	SO	Augustana	1.55m

Event 27 Men Weight Throw (19)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Ben Stillwell	SR	Monmouth	ND
2	Keneniah Saunders	SR	Augustana	ND
3	Jack Roche	FR	Augustana	ND
4	Noah Clark	FR	Grand View	ND
5	Dalton Jones	FR	Monmouth	ND
6	Joe Krall	SO	Monmouth	ND
7	Drew Thaxton	FR	Monmouth	ND
8	Nick Joens	FR	Grand View	ND
9	Preston Hanley	FR	St. Ambrose	10.29m

Flight 2 of 2 Finals

1	Alex Lopez	SO	St. Francis	10.32m
2	AJ Cwiok	SO	Grand View	10.83m
3	Jacob White	FR	St. Ambrose	11.27m
4	Tyler Goeller	SO	Grand View	12.80m
5	Joe Bellafiore	SR	Unattached	X13.08m
6	Jason Lopez	SO	St. Francis	13.93m
7	Anthony Wilson	JR	Grand View	14.41m
8	Jake Goeller	JR	Grand View	14.43m
9	Austin Hill	SO	Grand View	15.31m
10	Cody Wheeler	JR	Augustana	16.41m

Event 28 Women Weight Throw (20)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Hannah McVey	FR	Monmouth	ND
2	Becca Krueger	FR	Grand View	ND
3	Gia Schwager	FR	Augustana	ND
4	Rachel Oliver	FR	Augustana	ND
5	Lilly Mendez	SR	Monmouth	ND
6	Katie Halterman	FR	Grand View	ND
7	Leigha Sebben	FR	Monmouth	ND
8	Taylor Lathrum	FR	Grand View	ND
9	Maryn Phillips	FR	Grand View	ND
10	Akia Taplin	JR	Grand View	ND

Flight 2 of 2 Finals

1	Cait Malloy	FR	Grand View	ND
2	ZoeRae Lozano	FR	St. Ambrose	8.02m
3	Courtney Cook	FR	St. Ambrose	8.26m
4	Kendall Kastler	FR	St. Francis	10.74m
5	Emily Webster	SR	Augustana	14.07m
6	Brianna Yanni	SO	St. Francis	14.22m
7	Emma Johnson	SO	St. Francis	14.47m
8	Michelle Carrillo	SO	Grand View	14.63m
9	Brittany Bodnar	SO	St. Francis	14.65m
10	LaVon Davis	SO	Grand View	16.19m

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Event 29 Men Long Jump (24)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Maxx Carpenter	FR	Augustana	ND
2	Keith Steinbach	FR	St. Ambrose	ND
3	Keaton Comstock	FR	Grand View	ND
4	Keegan Norris	FR	St. Ambrose	5.77m
5	Alex Cutright	FR	Monmouth	5.80m
6	Marcus Melancon	SR	St. Francis	5.87m
7	Brockton Reed	FR	St. Ambrose	5.90m
8	Brandon Keleher	SO	Augustana	5.97m
9	Andrew Clements	SR	Grand View	6.00m
10	Seth Andersen	FR	Monmouth	6.00m
11	Cam Edom	FR	St. Ambrose	6.09m
12	Jaron Jackson	FR	Monmouth	6.10m
Flight 2 of 2 Finals				
1	Darrell Jackson	FR	St. Francis	6.15m
2	Josh Drew	SR	St. Ambrose	6.18m
3	Josh Gross	SO	Monmouth	6.19m
4	Linc Thomas	FR	Grand View	6.20m
5	Akwasi Aikins	SO	St. Francis	6.28m
6	Noah Fritz	SO	St. Francis	6.29m
7	Travon Aldridge	SR	Augustana	6.40m
8	Nick Murray	JR	St. Francis	6.43m
9	Melvin Pettis	FR	St. Ambrose	6.44m
10	Daniel Headley	SO	Grand View	6.45m
11	Alec McElyea	FR	St. Ambrose	6.67m
12	Evan Murphy	SR	Augustana	6.74m

Event 30 Women Long Jump (17)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Celina Mayforth	FR	St. Francis	ND
2	Deja Sanders	FR	Grand View	ND
3	Destiny McGinnis	FR	Grand View	ND
4	Megan Schlebecker	FR	Augustana	ND
5	Jada Wyrick	FR	Grand View	ND
6	Tatum Nearmyer	FR	Grand View	ND
7	Cierra Volpendesta	SO	St. Francis	3.92m
8	Madi Schulenberg	SR	Monmouth	4.19m

Flight 2 of 2 Finals

1	Kierra Ruiz	JR	St. Francis	4.51m
2	Chantel Blair	SO	Grand View	4.85m
3	Renee Blake	SO	Augustana	4.92m
4	Abbie Fuller	SO	St. Ambrose	4.97m
5	Kaitlin Holschlag	FR	Grand View	5.00m
6	Lauren Lamourt	SO	St. Ambrose	5.16m
7	Maddy Youngers	SO	St. Ambrose	5.22m
8	Lani Hillard	FR	St. Ambrose	5.29m
9	Brandi Hosford	SR	St. Ambrose	5.58m

Event 31 Women Triple Jump (8)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Celina Rippel	FR	Augustana	ND
2	Michaela Hayes	FR	St. Ambrose	8.81m
3	Kierra Ruiz	JR	St. Francis	9.63m
4	Madi Glatz	SO	Augustana	10.12m
5	Lauren Lamourt	SO	St. Ambrose	10.21m
6	Renee Blake	SO	Augustana	10.27m
7	Maddy Youngers	SO	St. Ambrose	10.97m
8	Brandi Hosford	SR	St. Ambrose	11.53m

Event 32 Men Triple Jump (14)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Maxx Carpenter	FR	Augustana	ND
2	Clayton Schulenberg	FR	Monmouth	ND
3	Keegan Norris	FR	St. Ambrose	12.30m
4	Andrew Clements	SR	Grand View	12.50m
5	Brandon Keleher	SO	Augustana	12.53m
6	Quentin Hall	JR	St. Ambrose	12.62m
7	Josh Drew	SR	St. Ambrose	12.62m
Flight 2 of 2 Finals				
1	Seth Andersen	FR	Monmouth	12.90m
2	Dan Evers	SR	Monmouth	13.04m
3	Mason Wright	FR	Augustana	13.20m
4	Cam Edom	FR	St. Ambrose	13.30m
5	Daniel Headley	SO	Grand View	13.50m
6	Evan Murphy	SR	Augustana	14.02m
7	Akwasi Aikins	SO	St. Francis	14.72m

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Event 33 Men Shot Put (27)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Drew Thaxton	FR	Monmouth	ND	_____
2	John Hintz	JR	Monmouth	ND	_____
3	Nick Joens	FR	Grand View	ND	_____
4	Joe Krall	SO	Monmouth	ND	_____
5	Noah Clark	FR	Grand View	ND	_____
6	Dalton Jones	FR	Monmouth	ND	_____
7	Jack Roche	FR	Augustana	ND	_____
8	Ben Stillwell	SR	Monmouth	ND	_____
9	Brice Haselhorst	FR	St. Francis	ND	_____
10	Bennie Radford	FR	St. Francis	ND	_____
11	Michael Tappa	FR	St. Ambrose	ND	_____
12	Alex Lopez	SO	St. Francis	10.05m	_____
13	Jacob White	FR	St. Ambrose	10.28m	_____

Flight 2 of 2 Finals

1	Preston Hanley	FR	St. Ambrose	10.39m	_____
2	Jacob Knox	JR	Augustana	10.68m	_____
3	Jason Lopez	SO	St. Francis	11.64m	_____
4	Tyler Goeller	SO	Grand View	11.99m	_____
5	Joe Bellafiore	SR	Unattached	X12.07m	_____
6	Roderick Sanders-Vick Jr.	JR	St. Ambrose	12.92m	_____
7	Anthony Wilson	JR	Grand View	13.33m	_____
8	Jake Goeller	JR	Grand View	13.63m	_____
9	Austin Hill	SO	Grand View	14.16m	_____
10	AJ Cwiok	SO	Grand View	14.34m	_____
11	Chance Tatman	SR	Grand View	15.20m	_____
12	Kevin Barbian	SR	Augustana	15.73m	_____
13	Keith Jr. King	SR	Augustana	15.97m	_____
14	Ethan Ehlers	SR	Augustana	16.65m	_____

Event 34 Women Shot Put (21)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Leigha Sebben	FR	Monmouth	ND	_____
2	Maryn Phillips	FR	Grand View	ND	_____
3	Becca Krueger	FR	Grand View	ND	_____
4	Lilly Mendez	SR	Monmouth	ND	_____
5	Gia Schwager	FR	Augustana	ND	_____
6	Katie Halterman	FR	Grand View	ND	_____
7	Rachel Oliver	FR	Augustana	ND	_____
8	Cait Malloy	FR	Grand View	ND	_____
9	Akia Taplin	JR	Grand View	ND	_____
10	Hannah McVey	FR	Monmouth	ND	_____

Flight 2 of 2 Finals

1	Taylor Lathrum	FR	Grand View	ND	_____
2	Kendall Kastler	FR	St. Francis	7.76m	_____
3	ZoeRae Lozano	FR	St. Ambrose	8.05m	_____
4	Courtney Cook	FR	St. Ambrose	8.49m	_____
5	Brittany Bodnar	SO	St. Francis	10.25m	_____
6	Mara Guse	JR	St. Ambrose	11.19m	_____
7	Brianna Yanni	SO	St. Francis	11.38m	_____
8	Emma Johnson	SO	St. Francis	12.00m	_____
9	Michelle Carrillo	SO	Grand View	12.25m	_____
10	LaVon Davis	SO	Grand View	12.30m	_____
11	Emily Webster	SR	Augustana	12.67m	_____