



Escanaba High School / Escanaba Kiwanis

2017 Cross Country Invitational

DATE: September 30, 2017
LOCATION: Escanaba Ludington Park
DIVISIONS: Teams will be divided into Boys Varsity, Girls Varsity, Boys JV, Girls JV, and Boys & Girls Middle School.

Times:

9 AM View the course.
9:30 AM Coaches Meeting
10 AM JV (Boy & Girls)
10:30 AM Boys Varsity
11 AM Girls Varsity
11:30 AM Junior High (Boys & Girls)

Entry Fees

High School Teams
\$100
Jr High School Teams
\$50

Presentation of Awards After Final Race.

AWARDS: Team trophy to winning female and male Varsity team. Medals to first 15 runners in each Varsity race. Ribbons to first 15 runners in the Junior High and Junior Varsity races.

ONLINE ENTRY: Coaches **MUST** enter all runners online at **WWW.DIRECTATHLETICS.COM** by **Tuesday, September 26, 2017.**

RUNNERS: **Varsity** – Seven (7) Boys & Seven (7) Girls **Jr. Varsity** – Unlimited **Jr. High** – Unlimited

RULES: Leave the course in the same condition as it was when you arrived. Pick up all litter at start / finish area before leaving. Do not disturb any of the course vegetation or equipment. Leave no messes in the bathrooms!

COACHES: Please have all your athletes respect this beautiful site that we have been given permission to use for our home meets. We wish to continue hosting our invitational at this site and hope you enjoy it as well.

QUESTIONS: Any questions or concerns please feel free to contact:

Nick Nolde, Athletic Director,
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