HOLMEN HIGH SCHOOL

ACTIVITIES OFFICE
Mark Englerth, Activities Director
Naomi Rislow, Activities Secretary
(608) 526-9208

Memo

To: ATHLETIC DIRECTORS AND HEAD TRACK COACHES

From: Mark Englerth, Activities Director

Subject: Empire Track Invitational

Date: March 17, 2017

Welcome to the 2017 Empire Track Invitational! You should find all the information necessary to answer your questions with this email. We look forward to seeing you on **April 4** at Holmen High School. **The field events will start at 3:30 PM**. Running events will begin at 4:15 PM. Please do not hesitate to call the Activities Office if you have any questions. Thank you!

There are a few important points for this meet:

- You may enter <u>THREE</u> athletes per event except TWO entries for Pole Vault and <u>ONE</u> relay team per relay event. Please note boys pole vault will run 1st this year.
- The Coaches Meeting will take place at 3:15 PM in the brick storage building at the north end of the track near the start of the 100 M Dash
- AccuRace will be timing all events
- All events are finals (No Trials)
- SCORING: 10-8-6-5-4-3-2-1
- Athletes may use ¼ inch spikes or smaller
- ENTRY FEE: \$170 both boys & girls teams
- SCHOOLS ATTENDING: Cashton, DeSoto, EauClaire Memorial, Holmen, Independence/Gilmanton, Logan-JV, Mauston, New Lisbon, Onalaska Luther, Tomah, Westby

ONLINE ENTRY FORMS WILL BE OPEN FROM MONDAY, MARCH 27 UNTIL NOON ON MONDAY, APRIL 3.

- ✓ Coaches must complete entries through DirectAthletics at www.directathletics.com:
- ✓ Click on Upcoming Events and find the Empire Invite Track Meet on April 4, 2017.
 - Seeded heat sheets will be posted at http://www.accuracetiming.com on Monday, April 3 by 3:00pm.

Sincerely,

Mark Englerth, Activities Director