

IRA DUNSWORTH INVITATIONAL BRADY STREET STADIUM

Thursday, April 5, 2018

Davenport Central High School Boys Track is pleased to host the Ira Dunsworth Invitational. This year's Invitational will include 12 boy's teams – **Varsity Only**.

Bettendorf
Burlington
Clinton
Davenport Assumption
Davenport Central
Davenport North
Cedar Rapids Washington

Davenport West
Dubuque Senior
Muscatine
North Scott
Central DeWitt
Cedar Rapids Xavier

COST: \$100.00 per team

LOCATION

The Track is located at the Brady Street Stadium on North Brady Street. **Teams should sit in the East Stands. After drop-off in the south parking lot, buses should park in the southwest corner of that lot.**

TIME

3:30 PM	Report Scratches no later than 3:30
4:00 PM	Field Events
4:30 PM	Running Events

TRACK

The track is a 6-lane all-weather track. Please wear no spikes longer than ¼". PLEASE! NO SPIKES ARE TO BE WORN IN THE STANDS OR ON THE ASTROTURF AREA. NO TEAMS WILL CAMP ON THE ASTROTURF OR HAVE SPORTS DRINK OR FOOD ON THE ASTROTURF.

DRESSING FACILITIES

Limited facilities are available at the Athletic Complex. It is recommended that the teams dress at home. Each team is responsible for its own valuables and equipment.

ENTRIES AND LANE ASSIGNMENTS

- ◆ You may enter 2 contestants in each varsity field event. In relay events, you may enter 1 varsity team. In the individual running events, you may enter 2 varsity athletes.

All entries will be made on-line using <https://www.directathletics.com/> If you have questions or difficulties with entries, please e-mail Brian Ehlinger at ehlingerb@davenportschools.org. The entry period will begin on March 5th. Entries are due on Wednesday April 4th at 12pm. **Changes can be made at the timer's table by 3:30pm on meet day. PLEASE LIMIT CHANGES!!**

ORDER OF EVENTS

A copy of the Order of Events is enclosed. Medals to 6 places will be given for varsity events.

FINALS

There will be no preliminaries in the running events (all will be finals). In the varsity Field Events, we will have 3 preliminary efforts and 3 in the finals. Seven competitors will advance to the finals.

CLERK OF COURSE

Contestants are to report to the Clerk of Course at least 5 minutes prior to the scheduled time of the running events. There will be only 1 event call. Contestants must assume full responsibility for reporting on time. **Please do not rely solely on the PA.**

EQUIPMENT

Bring your own batons.
Starting blocks will be available.
The shot and discus must be weighed in Locker Room #4 upon arrival.
No shot or discus will be permitted on the Astroturf.
The discus and shot rings are concrete.

ADMISSION

Admission is \$5.00 for all patrons

AWARDS AND RESULTS

Medals will be awarded for the first 6 place winners in varsity events and medals will be awarded for the first 2 places in JV events. The winning varsity team will receive a trophy. The team trophy will be presented at the conclusion of the meet. Medals will be available in the lower press box at the conclusion of the meet. **The results will be uploaded to ASPI within a half hour of the conclusion of the meet.**

RULES GOVERNING PARTICIPATION

IHSAA Track and Field Limitations Scoring:

1. Individual Events: (10-8-6-4-2-1)
2. Relays: (10-8-6-4-2-1)

ENTRY FEE

An entry fee of **\$125 per team is requested**. Please send this fee to Nancy DeCosta, Davenport Central HS, 1120 N. Main Street, Davenport IA 52803.

CONCESSIONS

The concession stand will be open during the meet.

COACHES AND FANS

Coaches and spectators are asked to remain in the stands unless there is an emergency on the field. Only participants in uniform and workers will be allowed on the infield. Please do not allow your team members in the stands or on the Astroturf with spikes on. Markings on the track should be made with athletic tape only.

IRA DUNSWORTH INVITATIONAL

ORDER OF EVENTS

FIELD EVENTS

4:00 PM

FIELD EVENTS

4:15 PM

VARSITY DISCUS (3-3, 7 TO FINALS)

****We will throw the discus through the finals then move to shot put**

VARSITY SHOT PUT (3-3, 7 to FINALS)

****Shot Put will start following the discus**

VARSITY HIGH JUMP

VARSITY LONG JUMP (3-3, 7 TO FINALS)

RUNNING EVENTS

4:30 PM

1. 800 SPRINT MEDLEY RELAY
2. VARSITY 3200 M RUN
3. VARSITY 4 X 800M RELAY
4. VARSITY SHUTTLE HURDLE RELAY
5. VARSITY 100M DASH
6. VARSITY 1600M MEDLEY RELAY
7. VARSITY 400M DASH
8. VARSITY 4 X 200M RELAY
9. VARSITY 110 METER HIGH HURDLES
10. VARSITY 800M RUN
11. VARSITY 200M DASH
- SENIOR NIGHT DAVENPORT SCHOOLS**
12. VARSITY 400M HURDLES
13. VARSITY 1600M RUN
14. VARSITY 4 X 100M RELAY
15. VARSITY 4 X 400M RELAY

ATTENTION COACHES!

4 x 200 M Relay

1st Exchange
2nd Exchange
3rd Exchange

Medley Relay

1st Exchange

4 x 100 M Relay

1st Exchange
2nd Exchange
3rd Exchange

INSTRUCTIONS

1. Flags will be brought to exchange zone.
2. Display RED flag until runners are ready.
3. Display WHITE flags to indicate to the starter that you are ready.
4. When all exchanges have been made, confer. If there are no violations, display WHITE flags. If there has been a violation, display RED flags and send a representative to notify the starter.