



# MARSHALL ATHLETICS

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**MARSHALL HIGH SCHOOL**  
**SCHOOL**  
**623 W. MADISON STREET**  
**P.O. Box 76**  
**MARSHALL, WI 53559**  
**53559**

**MARSHALL MIDDLE**  
**401 SCHOOL STREET**  
**P.O. Box 76**  
**MARSHALL, WI**

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## “Dana Waddell” Marshall Invite April 7<sup>th</sup>, 2017

FROM: Matt Kleinheinz – Athletic Director  
Joe Schneider – Track Coach  
(608) 655-1310

TIME: Packet Pickup & Scratch Table 3:15-3:30 pm Middle School Gym (lower doors)  
All Field Events 4:00 pm Marshall Track Complex  
Running Events 4:30 pm High School Track

**COMPETING SCHOOLS:** Cambridge, Columbus, Deerfield, Lake Mills, Lakeside Lutheran, Luther Prep, Madison Country Day, Marshall, Monona Grove (girls), Pardeeville, Rio & Westfield

**ENTRY FEE:** \$150 per school (\$75 each gender team).

- Please submit payment or bring the day of the meet.

### **ENTRIES:**

- Entries deadline is Wednesday, April 5<sup>th</sup> at 11:59pm.
  - Entries will be done on [www.directathletics.com](http://www.directathletics.com)
  - Any questions or problems with entries should be directed to Clark Jillson at [chvjillson@aol.com](mailto:chvjillson@aol.com)
- Teams may enter a maximum of:
  - One entry in each relay event (maximum of six students listed).
  - 28 individual event entries.
  - There is a maximum limit of three in any individual event.
  - Each individual may have four total events with no more than three field events or three running events.
- Heat sheets will be available on the Accurace website under “Meet Information” on Thursday.
- Scratches & Changes
  - The day of the meet, there will only be scratches, NO CHANGES or SUBSTITUTIONS.
  - At Packet Pickup from 3:15-3:30pm, Coaches can scratch athletes from running events. Field Event scratches can be done at the individual events.

### **HIGH JUMP:**

- Starting heights will be determined by the 8<sup>th</sup> seeded entry and go down by two heights, but not lower than: girls = 4'0" & boys = 5'0".
- The HJ bar must be raised two inches.

#### **POLE VAULT:**

- Starting height will be determined by the 8<sup>th</sup> seeded entry and go down two heights, but not lower than: girls = 5'6" & boys = 7'0".
  - The bar will be raised by six inches each time.
  - Entries will be allowed only one attempt at each height for the first 3 heights.
  - Three consecutive misses will eliminate the athlete.
  - Normal competition will resume after the first three heights, except their 3 consecutive misses will follow them through the fourth height.
    - For example, a vaulter cleared opening, but missed at heights #2 & #3, if they also miss their first attempt at height #4, they will be done competing because they have 3 consecutive misses.

#### **LONG & TRIPLE JUMPS:**

- Open Pit will be used for trials.
  - Once an athlete completes a jump, he/she has 3 options:
    - Become the 3<sup>rd</sup> person in line to attempt his/her next jump.
    - Go to the end of the line.
    - Jump later during the time limit for the open pit.
  - Athletes are not allowed to hold a spot for a teammate in an "open pit".
- There will be three jumps allowed in trials, 9 competitors will move to finals for another three.
- There will be 10 minutes of warm-ups between trials and finals.

#### **THROWS:**

- Weigh-ins for shots and discus will be by the throws area.
- There will be three throws allowed in trials, 9 competitors will move to finals for another three.
- There will be 10 minutes of warm-ups between trials and finals.

#### **COMPETITION:**

- There will be trials for the following running events: 100m, 200m and 100/110m Hurdles. Top eight move on to finals.
- Team scoring will be as follows: 10-8-6-5-4-3-2-1.
- Medals will be awarded to the top six individuals and relay teams. The top two teams will receive trophies.
- Spikes cannot be longer than 1/4".
- Competitors excused to compete in another event have a maximum of 15 minutes. The time starts when the athlete's name is called for their next attempt.
- Time Rules will be enforced:
  - Shot Put, Discus, Long Jump & Triple Jump – 1 minute to complete trial
  - High Jump & Pole Vault – 1 minute to complete trial, then up to 3 minutes when 2-3 competitors remain, and up to 5 minutes when only one competitor remains

#### **GENERAL INFORMATION:**

- Tents should be set up outside of the Track.
- Bus parking will be located in either the ELC School parking lot, which is just northeast of the Track, off William Street, or in the Elementary School parking lot, which is just west of the Track.
- There will be concessions available during the meet.
- Admission charge for spectators will be \$4.00 adults, \$3.00 students. Children under 5 years old are free.
- Absolutely **NO SPECTATORS** will be allowed on the infield before, during, or after the meet. There are asphalt walkways around the track they may use.

- If you have any questions, please feel free to call or email:

Joe Schneider

School: 608-655-1310

[jschneider@marshallschools.org](mailto:jschneider@marshallschools.org)

Dana Waddell Marshall Invite 2017

## Time Schedule

(Trials & Finals)

\*\* COACHES: We plan to run on or ahead of schedule. Please ensure your athletes are aware of the time schedule.

3:30	Coaches Scratch Meeting (Cafeteria – Middle School)	
4:00	Girls Discus, Long Jump and High Jump	
	Boys Pole Vault, Shot and Triple Jump	
4:00	3200m Relays for girls then boys will be run at this time	
4:40	Girls 100m Trials	
4:50	Boys 100m Trials	<b>Girls LJ &amp; Boys TJ</b>
5:10	Girls 100m High Hurdle Trials	3:30-4:00 Run Throughs
5:20	Boys 110m High Hurdle Trials	4:00-5:30 Trials
5:30	Girls 200m Trials	5:30-6:00 Finals
5:40	Boys 200m Trials	
5:50	<i>10 Minute Break &amp; National Anthem</i>	
6:00	Girls 100m High Hurdle Finals	<b>Girls TJ &amp; Boys LJ</b>
6:05	Boys 110m High Hurdle Finals	6:00-6:30 Run Throughs
6:10	Girls 100m Finals	6:30-8:00 Trials
6:15	Boys 100m Finals	8:00-8:30 Finals
6:20	Girls 1600m	
6:30	Boys 1600m	
6:40	Girls 800m Relay	
6:50	Boys 800m Relay	
7:00	Girls 400m	
7:10	Boys 400m	
7:20	Girls 400m Relay	
7:30	Boys 400m Relay	
7:40	Girls 300m Hurdles	
7:55	Boys 300m Hurdles	
8:10	Girls 800m	
8:20	Boys 800m	
8:30	Girls 200m	
8:35	Boys 200m	
8:40	Girls 3200m	
9:00	Boys 3200m	
9:20	Girls 1600m Relay	
9:30	Boys 1600m Relay	