2015 Coulee Conference Cross Country Championships

Date: Saturday, October 17th, 2015

Teams: Arcadia, Black River Falls, GET, Luther, Viroqua, West Salem, and Westby.

<u>Location</u>: Westby High School Grounds (fields directly west of the high school/middle school building complex).

<u>Parking Teams</u>: Should drop off in High School parking lot (take Highland Street west off highway 14 to this parking lot).

<u>Parking Spectators</u>: Should park in Middle School parking lot (take Maple Street west off of highway 14. You reach a T intersection with Nelson Street where you will take a left and middle school parking lot will be on your left).

<u>Time</u>: Course will open for inspection at 9:00AM

Coaches Meeting 10:15AM @ grey shed

Girls' Race 10:45AM Boys' Race 11:30AM

Awards ASAP after Boys race

Course Map: copies will be provided on the day of the event and can provided (in attachment).

Awards: All eligible runners are allowed to participate and compete for All-Coulee honors.

1st-7th
1st Team All Conference Medal / Certificate
8th-14th
2nd Team All Conference Medal / Certificate
15th-21st
Honorable Mention All Conference Certificate

1st place team Trophy

<u>Entries</u>: Entries will need to be made through Accurace Timing Services <u>www.directathletics.com</u>. All Entries should be made by 6:00 pm Wednesday, October 14th

Results: Printed results will be available after the awards ceremony and will be sent Saturday afternoon.

<u>Concessions</u>: will be available on site. We will also be selling 2015 Coulee Conference T-shirts at the Concessions area. Concessions will be sold in shed to the north of finish line (image of t-shirt is attached).

<u>Restrooms</u>: There is a red / white building located to the north of course which will be open, there will be bathrooms available in the lower hallway of the high school building, and there will be two portable toilets near the starting line.

<u>Team Photos and Rosters</u>: I would like to put together a program. If you could send your rosters and team photos to <u>westbycc@gmail.com</u> by Monday, Oct. 12th I would greatly appreciate it.

Please contact me with any additional questions or concerns.

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