

2016 COLBY CROSS COUNTRY INVITE

Athletic Director and Cross Country Coach:

This letter is to inform you about the **Colby Cross-Country Invitational** which will be held on Saturday, October 8, 2016 at 10:00am. There will be one division and varsity is allowed seven entries. Schools that will be attending will be the following.

Schools: Cadott, Colby/Abby, Columbus Catholic, Loyal, Owen-Withee, Spencer, Stanley-Boyd, Waupaca

Awards: Varsity (Boys & Girls) – 1st and 2nd Place Trophy Boys & Girls and Medals 1-15 in Each Race

JV (Boys & Girls) –Medals 1-5 in Each Race

Middle School (Boys & Girls) – 1st Place Trophy Boys & Girls and Medals 1-10 in Each Race

Fee: \$50 for Middle School or \$80 for Varsity/JV or \$130 for combined MS/HS.

Rosters: This year we will be using AccuRace. You will need to register on their website, which is www.directathletics.com. You will need to register by Thursday, October 6th by noon.

Schedule:	8:30	Course Inspection
	10:00	Varsity Boys - 5K
	10:45	Varsity Girls - 5K
	11:30	JV Boys and Girls together - 5K
	12:15	MS Boys and Girls together - 3200m
	12:45	Awards

Concession Stand: Will be available on northwest side of parking lot

Trainer: There will be a certified athletic trainer on-site for the meet.

If you have any questions please call Coach Bryon Graun at (715) 223-8869 ext. 5149.

Thanks,

Jim Hagen
Colby Activities Director