

Black River Falls 2025 Hoffman Track Invitational Thursday, May 1st, 2025



Teams: Black River Falls, Eleva Strum, Granton, Lincoln, Loyal, Melrose-Mindoro, Neillsville, New Lisbon, Owen-Withee, Sparta, Spencer, Tomah, Westby

**Entry Fee:** Checks to Black River Falls High School in the amount of \$250.

Coaches' Meeting: 3:30 pm, 50 M mark of the 100 M front stretch on the track.

Start Times: 4:00 for the 3200M Relay and Field events

Scoring: All events will be 10-8-6-5-4-3-2-1 for 8 places.

## All Races/Jumps and Vaults are Final. No Trials

## **Throws will get top 9 to Finals**

## Awards: Medals for top three finishers

#### **Entries**:

Will be through MileSplit at wi.milesplit.com and the deadline will be set for Wednesday
April 30, 10AM (wi.milesplit.com). We will allow for a maximum of three
individuals per event and one relay team per race. Please remember to enter the names on each of your relay teams. Replacements can be made on the day of the race, but we will not plan to reseed. No additional entries will be allowed after the deadline.
Weight Relay (non-scoring 4x100) will run after the 200 M Dash, so those throwing events should be completed.

<u>**Team Camps-**</u> Located either under the bleachers or on the practice football field located by the Pole Vault pits. Please keep your areas clean. Trash cans are placed throughout the facility.

Admission - \$6 Adults, \$3 Students

- Tickets can be purchased at the gate or online:
  - <u>Ticket Link</u>

### **Track Information:**

Our Track is a 400 M 8-lane Seal-Flex track.

Please limit your spike length to a <sup>1</sup>/<sub>4</sub>" max; the shot and discus circles are concrete. BRF Clubs will provide concessions from 4 PM till 8 PM. (Located on the bottom half of the press box by Long and Triple Jump Pits)

#### \*Field events start at 4:00:

Boys Pole Vault (Starting Height 8 ft) Girls Shot Put Boys Discus Girls High Jump (Starting Height 4 ft) Long Jump Girls **cafeteria style**, **must complete event by 5:30 pm** Triple Jump Boys **cafeteria style**, **must complete event by 5:30 pm** 

#### <u>\*5:45 Field Event Warm Ups</u>

Boys High Jump (Starting Height 5 ft) Boys Shot Put Girls Pole Vault (Starting Height 6 ft) Girls Discus Boys Long Jump **cafeteria style, starting at 6:00 PM must complete event by 7:30 pm** Girls Triple Jump **cafeteria style, starting at 6:00 PM must complete event by 7:30 pm** 

\*Jumps (long and triple) will be four jumps—all finals.

\*Throws (shot and discus) will be 3 throws—Top 9 finals

# <u>Order of Running Events</u>: Make sure you limit your entries to no more than 3 per event and one relay team.

3200 M Relay 100 M Girls High Hurdles 110 M Boys High Hurdles 100 M Dash Finals 1600 M Run 800 M Relay 400 M Dash 1600 M Relay 400 M Dash 400 M Relay 300 M Hurdles 800 M Run 200 M Dash 400 M Throwers Relay 3200 M Run 1600 M Relay

## **<u>Coach Staff:</u>** Kayla Kern, Head Track Coach, <u>kayla.kern@brf.org</u>

Activities Director: Andy Osegard, Meet Director: andrew.osegard@brf.org

## **Facility Map**

