



20th Annual Bulldog Relays
Monday, April 24th, 2017
Sparky Reynolds Memorial Track

Participating Teams:

Belmont, Benton, Boscobel, Cashton, Cassville, Fennimore, Hillsboro, Ithaca, North Crawford, Richland Center, River Ridge, Riverdale, Seneca

Entry Limits:

- Wisconsin high school rules apply to the number of events an individual athlete competes in.
- High Jump & Pole Vault – 2 Jumpers per school
- Long Jump & Triple Jump – 3 Jumpers per school
- Discus & Shot – 3 Throwers per school
- Relays – 1 Relay per school

Entry Deadline:

DirectAthletics.com will be handling online entries. <http://www accuracetimeing.com/schedule.html>
Registration will begin on *Monday, April 17th*. Online entries will close on *Saturday, April 22nd at 11:59am*.
For questions related to online entries, please contact Clark Jillson at AccuRace Timing, chvjillson@aol.com

Start time:

Coaches Meeting – 4:00pm
Field Events – 4:30pm
Races – 4:30pm

Meet Officials:

Bill Massey – Starter
Tom McKenna - Starter
Knight Wynn – Referee

Scoring:

10-8-6-5-4-3-2-1

Entry Fee:

\$130 per school

Awards & Trophies:

Team trophies to first and second for both boys and girls. Medals 1-3
One Team Sportsmanship trophy will also be awarded; 4x100m Relay (*Coaching*) will receive a trophy as well

Pole Vault Verification Form:

All schools must supply a pole vault verification form at check-in. This form is located at the following website: http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf_pvweight.pdf

Implement Weigh-ins:

Implement weigh-ins will take place near the weight room (shot and discus area) at 4:15pm

Facility:

Sparky Reynolds Memorial Track at Boscobel High School, located along Wisconsin Avenue. The track is 8 lanes – Sealflex. ¼” spikes allowed (prefer 3/16”) for the track, approaches, and runways. Flats only on pads.

Bus Parking:

Buses must park in the Kronshage parking lot (*Southwest end of the track/football field*)

Gate Information:

\$3.00 (no charge for children under 5) *Concessions available*

Coaching Staff:

Mark Ekiss – Head Track Coach

Questions:

If you have further questions or concerns, please call or email:
Joey Martin, AD at (608)375-4161 or martjoey@boscobel.k12.wi.us

Meet Manager:

Grant Reynolds – Track Coach

SCHEDULE OF EVENTS *(Tentative)*

<i>Field Events</i>		
<u>Time</u>	<u>B/G</u>	<u>Event</u>
4:30pm	G	Shot Put: 4 Throws; No finals
	B	Shot Put: 4 Throws; No finals
4:30pm	G	High Jump: No finals
	B	High Jump: No finals
4:30pm	B	Pole Vault: No finals
	G	Pole Vault: No finals
4:30pm	B	Discus: 4 throws; No finals
	G	Discus: 4 throws; No finals
4:30-6:45pm	B/G	Triple Jump & Long Jump: Open Pit; 4 jumps; No finals

<i>Running Events</i>		
<u>Time</u>	<u>B/G</u>	<u>Event</u>
4:30pm	G	4x1600 Meter Relay
	B	4x1600 Meter Relay
	G	4x400 Meter Relay
	B	4x400 Meter Relay
	G	4x100 Meter Relay
	B	4x100 Meter Relay
	G	3x100 Meter Shuttle Hurdle Relay
	B	3x110 Meter Shuttle Hurdle Relay
	G	4x800 Meter Relay
	B	4x800 Meter Relay
	CO-ED	4x100 Meter (Thrower's Relay) (G-G then B-B)
		<i>(Must be a regular thrower)</i>
	G	4x200 Meter Relay
	B	4x200 Meter Relay
	G	3x300 Meter Shuttle Hurdle Relay <i>(Times Added)</i>
	B	3x300 Meter Shuttle Hurdle Relay <i>(Times Added)</i>
	G	Distance Medley (800, 400, 400, 1600)
	B	Distance Medley (800, 400, 400, 1600)
	G	Sprint Medley (100, 100, 200, 400)
	B	Sprint Medley (100, 100, 200, 400)
	CO-ED	Coaches/Parents 4x100 Meter Relay
		<i>(Must have at least 1 female, and each relay member must be a coach or parent of an athlete competing today)</i>

*****SCHEDULE IS ROLLING *****

--Results will not be printed. Visit www accuracetimeing.com/ or www directathletics.com/ Results will be available ASAP following the final event.

STARTING LINES & EXCHANGE ZONES

4 x 100m Relay: Starting Line = Staggered White (Lanes Entire Race)
EXCHANGE ZONE: All runners--YELLOW TO YELLOW

4 X 200m Relay: Starting Line = Staggered Red (Lanes Entire Race)
EXCHANGE ZONE: Runner 1-2--RED TO RED
Runner 2-3--RED TO RED
Runner 3-4--YELLOW TO YELLOW

4 X 400m Relay: Starting Line = Staggered Blue
Runner 1--Lanes Entire Race
Runner 2--Lanes to Break Line
EXCHANGE ZONE: Runner 2--BLUE TO BLUE,
Runner 3 & 4 -- GREEN TO GREEN

4 X 800m Relay: Starting Line = Staggered Green
Runner 1--Lanes to Break Line
Runners 2, 3, 4--Break to Lead
EXCHANGE ZONE: All Runners -- GREEN TO GREEN

4 x 1600m Relay: Starting Line = Waterfall
Runner 1, 2, 3, 4--Break to Lead
EXCHANGE ZONE: All Runners -- GREEN TO GREEN

Sprint Medley: Startling Line = Staggered White
(100, 100, 200, 400) Runners 1, 2, & 3 --- Lanes Entire Race
Runner 4 — Break to Lead
EXCHANGE ZONE: Runner 1-2--YELLOW TO YELLOW
Runner 2-3--YELLOW TO YELLOW
Runner 3-4--GREEN TO GREEN

Distance Medley: Starting Line = Staggered Green
(800, 400, 400, 1600) Runner 1 - Lanes to Break Line
Runner 2, 3, 4 -- Break to Lead
EXCHANGE ZONE: All Runners – GREEN TO GREEN