

Bolstorff Twilight Meet
Macalester College, St. Paul, MN
Thursday, April 26, 2018

- Entry Fee:** \$200 per team; \$20 per unattached individuals
- Entries:** Limit of four athletes per school in discus and hammer. Unlimited in other events. No unattached entries in discus and hammer. Entries are **DUE TUESDAY, April 24 BY 8:00pm**. After Tuesday, only scratches or substitutions will be allowed. NO ADDITIONS!
- Entry site:** <http://www.directathletics.com/>
- Facility:** 9 lane track, 1/4 inch spikes on track surface (NO pins), javelin runway is grass.
- Heat sheets:** Heat sheets will be emailed and posted on the Macalester website on Wednesday, April 25th.
- Field Events:** All horizontal jumpers and throwers will be given three attempts with top nine advancing to finals.
- Scoring:** This will be a scored meet.
- Implements:** Implement weigh-in will be from 2:30 p.m. until 5:00 p.m. and is located on the south side of the stadium. All implements must be certified.
- 200 Declaration:** Athletes must check-in for the 200m by the start of the 800m.
- Locker rooms:** Dressing facilities are limited. Please come dressed to compete if possible.
- Team Camps:** Team camps will be located adjacent to the track. In the case of inclement weather camps can be located in the Leonard Center fieldhouse.
- Parking:** Ample parking is available at the Leonard Center south lot.
- Medical:** A training room will be located in the north end of the stadium.

**Bolstorff Twilight Meet
Macalester College, St. Paul, MN
Thursday, April 26, 2018**

Schedule of Events

FIELD EVENTS

4:00 Discus
5:00 Pole Vault
5:00 Long Jump
6:00 High Jump
6:00 Shot Put
6:00 Javelin
7:00 Hammer
7:30 Triple Jump

RUNNING EVENTS (schedule will be adjusted if entries warrant)

5:30 Steeplechase
6:00 4x100 Relay
6:10 1500m Run
6:30 Macalester Senior Recognition
6:35 110m Hurdles
6:50 400m Dash
7:05 100m Dash
7:20 800m Run - *200m athletes must check-in by the start of the 800*
7:40 400m Hurdles
8:05 200m Dash
8:30 5000m Run
9:15 4x400m Relay