



**Western Dubuque High School
Activities Department**



Scott Kriegel, Activities Director
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2026 WD Bobcat – Dubuque County Indoor Boys Meet

Friday, March 13, 2026

Chlapaty Recreation and Wellness Center, University of Dubuque

Teams: Beckman, Cascade, Dubuque Hempstead, Dubuque Senior, Wahlert, Western Dubuque

Ticket Information: *Adults - \$7 Students - \$5 (NO CASH SALES @ THE GATE!)*
Purchase tickets through Bound - <https://www.gobound.com/ia/schools/epworth/tickets>

Time: Field Events will begin at 4:00 Running Events will begin at 4:45

General Information: *Track is 200 Meter synthetic surface – 1/8” spikes*
Coaches – pick up packets at finish line – 3:50
Field Events – 4 attempts (No Finals)
High Jump – will open at coaches’ discretion

Entry Limits: *2 entries per Relay (4x200 and 4x400 are unlimited)*
4 entries per Individual Event
8 entries allowed in Shot Put, 55 Meter Hurdles, 55 Meter Dash

Entry Fee: \$125 *(Make checks payable to Western Dubuque High School)*

Entries: AccuRace Timing Services (Clark Jillson)
Enter @ MileSplit (ia.milesplit.com)
Deadline is 3/12 at noon

Awards: *No Team or Individual Awards*

Scoring: *No Team Scoring*

Please contact me on my cell phone (319-480-0411) with any questions. Thank you.

Scott Kriegel
Activities Director
Western Dubuque High School

Better Every Day

Western Dubuque High School
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Epworth, IA 52045

Contact
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302 5th Ave. SW
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2026 BOBCAT Indoor ORDER OF EVENTS

3:50 pm COACHES MEETING at the FINISH LINE

4:00 p.m. All Field Events

High Jump (opening height is at coaches' consensus)

Shot Put (4 attempts, no finals) - 8 entries allowed

JV Shot Put (unlimited, results not recorded in official results)

Long Jump (4 attempts, order is based on seed, no finals)

4:45 pm Running Events - Tentative Meet Schedule - Coaches are responsible for counting laps.

4:45 55 Meter High Hurdles: Prelims, 8 to finals (**Unlimited - 1st two heats at 39"**, remaining heats at 36")

5:00 55 Meter Dash: Prelims, 8 to finals (**Unlimited entries**)

5:25 3200 Meter Run: (1 section)

5:40 55 Meter High Hurdles: Finals

5:45 55 Meter Dash: Finals

5:50 4x800 Meter Relay: 1 section

6:10 4x60 Meter Shuttle Hurdle Relay: four 36-inch hurdles, 4 teams per section

6:25 400 Meter Dash: 2 turn stagger

6:40 4x200 Meter Relay: 3 turn stagger (2nd runner cuts) (**unlimited 4 x 200 entries**) (*Varsity 1st*)

7:20 1600 Meter Run: 1 section

7:30 200 Meter Dash: 4 sections

7:45 1600 Meter Medley Relay: 3 turn stagger (2nd runner cuts)

8:00 800 Meter Run: 2 sections

8:10 4x400 Meter Relay: 1st section is fastest heat (**unlimited 4x400 entries**) (*Varsity 1st, JV follows*)

OTHER INFORMATION:

1. Only Coaches and Competitors allowed on the lower level.
2. No food or beverages allowed on the track or infield. Only water.
3. No outside food allowed in the Chlapaty Recreation and Wellness Center.
4. All food and beverages on the upper level.
5. White athletic tape may be used for exchanges and take off points. Please remove the tape when the race or event is completed.
6. No track shoes in the restrooms or balconies.
7. There will NOT be any access to the UD Locker Rooms.
8. There will be NO access to the UD Athletic Training room.
9. Standing is not allowed on the stairways (by competitors or spectators).
10. BUSES can unload at the Chlapaty Recreation and Wellness Center. Buses are then REQUIRED to park at the "Hardee's" lot (located next to Hardee's) at the corner of University and McCormick.

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