



**BETTENDORF HIGH SCHOOL
GIRLS & BOYS ABC TRACK AND FIELD INVITATIONAL**

Thursday, April 19th, 2018 at 4:00 P.M.

Participating Schools:

Boys: Bettendorf, Burlington, Clinton, Davenport Central, Davenport North, Davenport West, DeWitt, and North Scott

Girls: Bettendorf, Burlington, Clinton, Davenport West, Davenport Central, Dubuque Wahlert, North Scott, and Bettendorf JV

- Field Events beginning at 4:00 p.m.
- Running Events beginning@4:00 p.m. We would like to begin the 800m SMR @ 4:00 pm
- All running events are a timed final.
- Three Divisions, A, B, and C.
- * "A" individuals must be filled before "B", and "B" before "C" no exceptions.
- State rules on event limitation will be followed.
- Three entries per individual event and one relay entry per school.

Entries:

- Entries will be made on-line at www.directathletics.com
- Registration begins: Friday- April 13, 2018 12:00 PM
- Registration closes: Wednesday - April 18, 2018 12:00 PM
- You may make changes and updates prior to the closing time.

Coaches: Please double-check that you have entered every name of your team roster on the direct athletics website. Athletes who are not listed at the completion of registration will not be added at the meet and they will not compete!

- ~~We will supply starting blocks. You must supply your own batons.~~
- We have a polyurethane all-weather track. Wear no spikes longer than $\frac{1}{4}$ inch.
- High Jump & Long Jump - all weather. Shot & Discus - cement surface.
- Heats & Sections will be available at the track for coaches to make any last minute changes and/or scratches. After all changes have been made up-dated heat and section sheets will be available for the asking.

If you need additional information contact:

- Colin Wikan, Bettendorf High School A.D. cwikan@bettendorf.k12.ia.us 319-415-4524
- Erin Flynn, BHS Girls Head Track Coach, eflynn@bettendorf.k12.ia.us 563-259-3863
- David Terronez, BHS Boys Head Track Coach, david.terronez@risd41.org 563-505-2440
- Entry Fee: \$100.00 per team.

LONG JUMP:

- Long jump will be contested at east end of football field.
- Only jumpers and coaches are allowed in the infield.

SHOT PUT and DISCUS

- Throwing areas are behind the bleachers on the South side of the track.
- Scratches and changes can be made in the gymnasium as you arrive at the meet.
Gym is on walkway down to track.

On-Line Entries

Go to: Web Link: www.directathletics.com

- Login
- Registration begins: Friday - April 13, 2018 12:00 PM
- Registration closes: Wednesday - April 18, 2018 12:00 PM

