

Ashford University Spring Classic
South Campus Athletic Complex
Clinton, IA - 4/5/2014
Meet Program

Event 1 Women 5000 Meter Race Walk

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Ellerie Lagerhausen	JR	Ashford	NT

Event 7 Men 110 Meter Hurdles

Top 9 Advance by Time				
Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Prelims				
2	Kendall Deer	JR	Ashford	15.62
3	Nick Devor	SO	Monmouth (II)	15.84
4	Jake Swider-Rogers	JR	Knox	17.05
5	Tanner Ewing	JR	St. Ambrose	15.31
6	Patrick Mahoney	SO	St. Ambrose	16.41
7	Kaz Johnson	SR	St. Ambrose	15.09
8	John O'Connor	JR	Monmouth (II)	16.31

Event 8 Women 100 Meter Hurdles

Top 9 Advance by Time				
Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
3	Stephanie O'Dell	JR	Monmouth (II)	NT
4	Haley Fischer	SR	Ashford	17.20
5	Renee Flanders	FR	St. Ambrose	NT
6	Tara Goehrke	JR	St. Ambrose	15.64
7	Rachel Jellings	FR	Mount Mercy	16.57
8	Shealynn Miller	FR	Mount Mercy	16.97
Heat 2 of 2 Prelims				
4	Morgan Weaver	JR	St. Ambrose	17.68
5	Sara Strauel	FR	St. Ambrose	NT
6	Nichole Johnson	JR	Ashford	15.16
7	Taylor Zumbach	SO	Mount Mercy	16.60
8	Suzanne Flexsenhar	SO	Mount Mercy	16.75

Event 9 Men 100 Meter Dash

Top 9 Advance by Time				
Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Jeff Callahan	NA	Unat-Ashford	NT
3	Sam Reading	SO	Knox	11.91
4	Leon Spears	JR	Quincy	11.30
5	Bola Osundairo	JR	Quincy	11.06
6	Dion Williams	SO	Ashford	11.13
7	Mike Malone	JR	Ashford	11.07
8	Riley Smith	FR	Ashford	NT
9	Derek Henkel	SO	St. Ambrose	11.88

Heat 2 of 3 Prelims

2	Joseph Torres	JR	St. Ambrose	11.46
3	Bradley Phillips	JR	Mount Mercy	12.15
4	Sheldon Allen	FR	Rockford	11.50
5	Evan Frazier	JR	St. Ambrose	11.04
6	Anthony Harris	SO	Iowa Wesleya	11.10
7	jeff daverne	JR	Quincy	11.08
8	Adonis Brown	SO	St. Ambrose	NT

Heat 3 of 3 Prelims

3	Peter Liao	SO	Knox	12.44
4	derek stephens	SR	Unattached	11.50
5	Mike Sain	SO	Eureka	11.50
6	Isaiah Mosher	FR	St. Ambrose	11.10
7	Michael Ohioze	FR	St. Ambrose	11.10
8	Jeremiah Foley	FR	Iowa Wesleya	12.70
9	Kiante Green	SR	Monmouth (II)	10.63

Event 10 Women 100 Meter Dash

Top 9 Advance by Time				
Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Bailey Jackson	SR	Monmouth (II)	12.42
2	Nicole Liggis	SO	St. Ambrose	14.15
3	Beka Wollenburg	FR	Monmouth (II)	13.25
4	Briana Gardner	SO	Monmouth (II)	12.69
5	Sara Lampe	FR	St. Ambrose	NT
6	Danielle Erikson	SR	Knox	13.50
7	Tori Ertmer	SR	St. Ambrose	13.10
8	Danielle Schroeder	FR	Mount Mercy	14.15
9	Kenzie Payton	SR	Monmouth (II)	13.10
Heat 2 of 2 Prelims				
1	Lacey Hainline	SR	Monmouth (II)	12.39
2	Jaclyn Mastroianni	SR	Quincy	14.12
3	Justine Jensen	SO	Mount Mercy	13.20
4	Nicole Sanborn	FR	Mount Mercy	13.05
5	Alex Kuykendall	SO	Monmouth (II)	NT
6	Colleen Shelly	JR	Knox	14.09
7	Laura Francois	SO	St. Ambrose	13.06
8	Ngan Le	FR	Knox	17.03
9	Aminah Baloch	FR	Mount Mercy	13.10

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Event 11 Men 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Tyler Hartley	JR	Mount Mercy	10:14.39
2	Dean Knieps	JR	St. Ambrose	10:00.00
3	Rory Hibbert	SO	Quincy	10:56.01
4	Tanner Artzzen	JR	St. Ambrose	10:40.00
5	Evan Selsor		Corridor Eli	10:05.00
6	Jacob Ayers	JR	Iowa Wesleya	10:25.00

Event 12 Women 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Nicole Wager	SO	St. Ambrose	11:50.32
2	Dominique Guinnane	JR	St. Ambrose	11:45.00
3	Whitney Derga	JR	St. Ambrose	12:26.40
4	Megan Miller	JR	St. Ambrose	12:00.00
5	Elizabeth Leden	FR	Quincy	12:40.00

Event 13 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
4	Rockford		46.00
5	Mount Mercy		45.00
6	Knox		45.00
Section 2 of 2 Finals			
2	St. Ambrose	B	44.00
3	Ashford		42.90
4	St. Ambrose		42.00
5	Monmouth (II)		41.88
6	Quincy		41.89
7	Iowa Wesleya		42.15
8	Monmouth (II)	B	43.00

Event 14 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Monmouth (II)	B	51.00
4	St. Ambrose		50.25
5	Monmouth (II)		49.04
6	Mount Mercy		49.90
7	Mount Mercy	B	50.80
8	Unattached		51.00

Event 15 Men 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Rik Williams	SR	Monmouth (II)	NT
2	Patrick McClain	NA	Unat-Ashford	4:50.00
3	John Finley	FR	Rockford	4:30.00
4	Eric Hansen	FR	Mount Mercy	5:00.00
5	Jonathan Tupper	FR	Knox	5:00.00
6	Lance Ingwersen	JR	Iowa Wesleya	5:07.54
7	Dustin Watts	SO	Monmouth (II)	NT
8	Erik Ruud	JR	Monmouth (II)	4:32.85
9	Devin Stone	FR	Mount Mercy	4:48.00
Section 2 of 2 Finals				
1	Evan Selsor		Corridor Eli	4:00.00
2	Nate McNamara	SR	St. Ambrose	4:20.00
3	Josh Tvrdy	FR	Knox	4:25.00
4	Erik Ryan	SO	Mount Mercy	4:21.00
5	TJ Mosbach	SR	Mount Mercy	4:15.90
6	Ezekial Jere	JR	Knox	4:25.00
7	Evan Bowman	FR	Mount Mercy	4:16.00
8	Dean Knieps	JR	St. Ambrose	4:13.15
9	Ben Coyer	SO	St. Ambrose	4:15.81
10	Emmett McClain	SO	St. Ambrose	4:20.00
11	Joe Levita	SR	Monmouth (II)	4:18.90

Event 16 Women 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Brenda Baughman	SO	Ashford	6:21.95
2	Emilie Jacobson	SO	Mount Mercy	5:59.00
3	Marissa Bozik	SR	Iowa Wesleya	6:13.80
4	Amber Trick	SO	St. Ambrose	NT
5	Becky Winters	FR	St. Ambrose	5:46.26
6	mallory tharp	SR	Unattached	5:43.00
7	Yael Cody	SR	Knox	5:45.00
8	Shannon Klein	SO	Knox	7:52.28
9	Amanda Schreck	SR	Eureka	6:40.00
10	Katelynn Propes	SO	Monmouth (II)	NT

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Section 2 of 2 Finals...(Event 16 Women 1500 Meter Run)

1	Grace Neubauer	SO	Knox	5:34.56	_____
2	Taylor Parus	SO	St. Ambrose	5:20.00	_____
3	Alyssa Edwards	SR	Monmouth (II)	5:05.00	_____
4	Megan Byrne	SO	Monmouth (II)	5:20.00	_____
5	Mackenzie Holladay	SR	Mount Mercy	5:15.00	_____
6	Kate Groenhagen	SO	St. Ambrose	5:00.00	_____
7	Lindsey Morgan	SO	Knox	5:38.05	_____
8	Allison Scott	SO	Mount Mercy	4:55.00	_____
9	Brittany Daniel	SO	Monmouth (II)	5:20.00	_____
10	Nicole Woodall	FR	St. Ambrose	5:00.00	_____
11	Syndia Delgado	FR	Ashford	5:27.81	_____
12	Shelby Weets	FR	Ashford	5:34.30	_____

Event 17 Men 400 Meter Dash

Lane	Name	Yr	School	Seed Time	
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Section 1 of 4 Finals

4	Damien Trost	JR	St. Ambrose	NT	_____
5	Kenny Parks	SO	Rockford	58.50	_____
6	Ian Cummings	JR	Eureka	59.46	_____

Section 2 of 4 Finals

2	Monueir Moodie	SO	Mount Mercy	55.90	_____
3	Gary Finley Jr.	FR	Rockford	55.50	_____
4	DJ Flynn Jr.	FR	Rockford	55.00	_____
5	Aaron Lacy	SO	Mount Mercy	54.60	_____
6	Zac Ahrends	SR	Eureka	55.00	_____
7	Christian Johnson	NA	Unat-Ashford	55.00	_____
8	Patrick Givens	SR	Rockford	55.60	_____

Section 3 of 4 Finals

1	Andrew Prowse	FR	Unattached	53.50	_____
2	Riley Smith	FR	Ashford	53.50	_____
3	Jeremy Rainey-Brown	FR	Knox	53.00	_____
4	Raymond Anderson	SO	Ashford	52.55	_____
5	Anthony Crawley	FR	Mount Mercy	52.00	_____
6	Harrison Burgess	FR	Mount Mercy	52.15	_____
7	Tony Burton	JR	Quincy	52.98	_____
8	Jonah Kuntz	FR	St. Ambrose	53.00	_____
9	David Krueger	FR	St. Ambrose	53.50	_____

Section 4 of 4 Finals

1	Jacob Arnold	SR	Rockford	52.00	_____
2	Eli Hibbert	SR	Quincy	51.25	_____
3	Branden Lambiase	SR	Ashford	50.59	_____
4	Ryan Giesemann	JR	St. Ambrose	49.80	_____
5	Jim Warren	SO	St. Ambrose	49.00	_____
6	Anthony Harris	SO	Iowa Wesleya	49.60	_____
7	Ethan Reschke	FR	Monmouth (II)	49.80	_____
8	Martell Simon	JR	Ashford	50.80	_____
9	Raul Becerril	JR	Iowa Wesleya	51.50	_____

Event 18 Women 400 Meter Dash

Lane	Name	Yr	School	Seed Time	
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Section 1 of 2 Finals

3	Allison Miles	FR	Iowa Wesleya	1:18.00	_____
4	Jaclyn Mastroianni	SR	Quincy	1:13.32	_____
5	Regan Enfield	SO	Mount Mercy	1:05.54	_____
6	Celeste Raya	JR	St. Ambrose	1:07.00	_____
7	Yesica Rodriguez	SO	Knox	1:15.00	_____
8	Miranda Shryack	SO	Monmouth (II)	NT	_____

Section 2 of 2 Finals

1	Whitney Wolf	FR	St. Ambrose	1:05.36	_____
2	Blakely Martin	FR	Mount Mercy	1:03.70	_____
3	Marissa Dunkerley	JR	St. Ambrose	1:02.00	_____
4	Tara Goehrke	JR	St. Ambrose	59.90	_____
5	April Devore	JR	St. Ambrose	58.80	_____
6	Liz Mosbach	SO	Mount Mercy	59.00	_____
7	Ali Cowell	JR	St. Ambrose	1:01.00	_____
8	Barbara Duffy	SR	Rockford	1:02.00	_____
9	Carolina Goncalves	SO	Knox	1:04.87	_____

Event 19 Men 800 Meter Run

Lane	Name	Yr	School	Seed Time	
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Section 1 of 2 Finals

1	Lance Ingwersen	JR	Iowa Wesleya	2:17.00	_____
2	Louis Sughroue	JR	Mount Mercy	2:11.00	_____
3	Patrick McClain	NA	Unat-Ashford	2:10.00	_____
4	Eric Bonner	FR	Iowa Wesleya	NT	_____
5	Zac Ahrends	SR	Eureka	2:10.00	_____
6	Graham Wittrock	FR	Iowa Wesleya	2:13.00	_____
7	John Finley	FR	Rockford	2:10.00	_____
8	Ian Cummings	JR	Eureka	2:16.23	_____
9	Ryan Arndt	JR	Monmouth (II)	2:11.04	_____
10	Eric Hansen	FR	Mount Mercy	2:26.00	_____

Section 2 of 2 Finals

1	Reagan Mason	JR	Quincy	2:06.00	_____
2	Erik Ryan	SO	Mount Mercy	2:02.26	_____
3	Eli Hibbert	SR	Quincy	2:02.00	_____
4	Aubrey Barnes	SR	St. Ambrose	2:02.20	_____
5	Garrett Daniel	SR	Monmouth (II)	1:58.08	_____
6	Tyler Hartley	JR	Mount Mercy	1:58.90	_____
7	Terrance Ellis	SR	Unattached	1:49.00	_____
8	Evan Selsor		Corridor Eli	2:00.00	_____
9	Deonta Motley	SO	Monmouth (II)	2:00.90	_____
10	Carl Rapp	JR	Rockford	2:03.00	_____
11	Nick Gentzler	JR	St. Ambrose	2:04.77	_____

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Event 20 Women 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	mallory tharp	SR	Unattached	2:43.00
2	Kallihan Riley	SO	St. Ambrose	NT
3	Emilie Jacobson	SO	Mount Mercy	2:54.00
4	Marissa Bozik	SR	Iowa Wesleya	2:46.00
5	Elizabeth Leden	FR	Quincy	2:44.69
6	Allison Miles	FR	Iowa Wesleya	3:10.27
7	Brenda Baughman	SO	Ashford	2:48.43
8	Joslyn Ehlers	NA	Unat-Ashford	NT
9	Ainslie Horras	FR	St. Ambrose	NT

Section 2 of 2 Finals

1	Haley Fischer	SR	Ashford	2:40.00
2	Courtney Camp	JR	St. Ambrose	2:24.00
3	Thea Bloom	JR	Monmouth (II)	2:25.00
4	Kyra Kimber	JR	Monmouth (II)	2:18.21
5	Amanda Aberle	SO	St. Ambrose	2:29.00
6	Syndia Delgado	FR	Ashford	2:38.35
7	Annie Chezem	SR	Ashford	2:40.00
8	Shelby Weets	FR	Ashford	2:35.00
9	Allison Scott	SO	Mount Mercy	2:18.00

Event 21 Men 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Lucas Rusk	SO	St. Ambrose	1:07.81
2	Patrick Mahoney	SO	St. Ambrose	1:01.84
3	Ben Markison	SO	Monmouth (II)	59.83
4	John O'Connor	JR	Monmouth (II)	57.67
5	Michael Klostermann	JR	Iowa Wesleya	55.90
6	Nick Devor	SO	Monmouth (II)	56.37
7	Brian Sullivan	SR	Monmouth (II)	58.05
8	Matthew Trainor	SO	Monmouth (II)	1:01.77
9	Kendall Deer	JR	Ashford	1:03.90

Event 22 Women 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Tory Philbin	JR	Monmouth (II)	1:20.19
2	Colleen Shelly	JR	Knox	1:14.35
3	Stephanie O'Dell	JR	Monmouth (II)	1:09.42
4	Regan Enfield	SO	Mount Mercy	1:08.00
5	Alyssa Edwards	SR	Monmouth (II)	1:04.28
6	Nichole Johnson	JR	Ashford	1:07.00
7	Rachel Jellings	FR	Mount Mercy	1:08.00
8	Sara Strauel	FR	St. Ambrose	1:10.00
9	Morgan Weaver	JR	St. Ambrose	1:15.29

Event 23 Men 200 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 5 Finals				
2	Jeff Callahan	NA	Unat-Ashford	NT
3	Devin Baldwin	SO	Iowa Wesleya	26.50
4	Jordan Reschke	FR	Monmouth (II)	25.83
5	Patrick Givens	SR	Rockford	25.25
6	Jake Swider-Rogers	JR	Knox	25.27
7	Jeremiah Foley	FR	Iowa Wesleya	26.50
8	Gary Finley Jr.	FR	Rockford	NT
9	Nathan Budde	SO	St. Ambrose	NT

Section 2 of 5 Finals

1	Ian Horne	SO	Knox	25.04
2	Aaron Lacy	SO	Mount Mercy	25.00
3	Andy Cooper	FR	Mount Mercy	24.89
4	DJ Flynn Jr.	FR	Rockford	24.50
5	Mike Sain	SO	Eureka	24.25
6	Sam Reading	SO	Knox	24.30
7	Carl Rapp	JR	Rockford	24.87
8	Bradley Phillips	JR	Mount Mercy	24.98
9	Peter Liao	SO	Knox	25.00

Section 3 of 5 Finals

1	Andrew Prowse	FR	Unattached	24.00
2	Sheldon Allen	FR	Rockford	24.00
3	Riley Smith	FR	Ashford	23.80
4	Jonah Kuntz	FR	St. Ambrose	23.80
5	Joseph Torres	JR	St. Ambrose	23.56
6	Rick Gonzalez	FR	Mount Mercy	23.69
7	Adonis Brown	SO	St. Ambrose	23.80
8	Derek Henkel	SO	St. Ambrose	23.98
9	Jason Kirk	FR	Mount Mercy	24.00

Section 4 of 5 Finals

1	Raymond Anderson	SO	Ashford	23.54
2	Michael Ohioze	FR	St. Ambrose	23.50
3	derek stephens	SR	Unattached	23.38
4	Martell Simon	JR	Ashford	23.19
5	Myles Hendricks	JR	Monmouth (II)	23.05
6	Ryan Giesemann	JR	St. Ambrose	23.13
7	Leon Spears	JR	Quincy	23.22
8	Christian Johnson	NA	Unat-Ashford	23.50
9	Jacob Arnold	SR	Rockford	23.50

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Section 5 of 5 Finals...(Event 23 Men 200 Meter Dash)

1	William Stephenson	JR	Iowa Wesleya	22.90	_____
2	Duane Lee	SR	Iowa Wesleya	22.77	_____
3	Bola Osundairo	JR	Quincy	22.49	_____
4	Raimius Foulkes	JR	Monmouth (II)	22.22	_____
5	Kiante Green	SR	Monmouth (II)	21.86	_____
6	Adam Parr	SO	Monmouth (II)	22.10	_____
7	Mike Malone	JR	Ashford	22.30	_____
8	Dion Williams	SO	Ashford	22.73	_____
9	Jim Warren	SO	St. Ambrose	22.90	_____

Event 24 Women 200 Meter Dash

Lane	Name	Yr	School	Seed Time	
Section 1 of 3 Finals					
3	Ngan Le	FR	Knox	36.45	_____
4	Shealynn Miller	FR	Mount Mercy	29.40	_____
5	Rebecca Hoder	SR	Ashford	28.62	_____
6	Danielle Erikson	SR	Knox	29.35	_____
7	Nicole Liggis	SO	St. Ambrose	30.75	_____
8	Katie Pennacchio	FR	St. Ambrose	NT	_____
Section 2 of 3 Finals					
1	Autumn Vergeyle	SO	St. Ambrose	28.36	_____
2	Jaclyn Mastroianni	SR	Quincy	28.24	_____
3	Taylor Zumbach	SO	Mount Mercy	28.20	_____
4	Kenzie Payton	SR	Monmouth (II)	27.90	_____
5	Tori Ertmer	SR	St. Ambrose	27.70	_____
6	De'Janaie Matthews	SO	Monmouth (II)	27.76	_____
7	Kate Hergert	FR	Mount Mercy	28.05	_____
8	Laura Francois	SO	St. Ambrose	28.21	_____
9	Barbara Duffy	SR	Rockford	28.26	_____
Section 3 of 3 Finals					
1	Tara Goehrke	JR	St. Ambrose	27.66	_____
2	Alex Kuykendall	SO	Monmouth (II)	27.29	_____
3	Sha'Rhonda Clark	FR	Mount Mercy	26.50	_____
4	Beka Wollenburg	FR	Monmouth (II)	26.10	_____
5	Briana Gardner	SO	Monmouth (II)	25.68	_____
6	Lacey Hainline	SR	Monmouth (II)	25.70	_____
7	Sara Lampe	FR	St. Ambrose	26.20	_____
8	Ali Cowell	JR	St. Ambrose	26.80	_____
9	Bailey Jackson	SR	Monmouth (II)	27.62	_____

Event 25 Men 5000 Meter Run

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	Devin Stone	FR	Mount Mercy	18:15.00	_____
2	Tim Lydy	JR	Rockford	16:24.24	_____
3	Jonah Niedermeier	FR	St. Ambrose	16:30.00	_____
4	Mike Crotteau	SO	Quincy	16:32.00	_____
5	Evan Selsor		Corridor Eli	15:22.00	_____
6	Victor Schultz	SO	Knox	16:37.18	_____
7	Hisanori Goto	FR	Knox	17:30.00	_____
8	Doug Powers		Unattached	16:00.00	_____
9	Tim Brown	FR	Ashford	16:53.60	_____
10	Evan Bowman	FR	Mount Mercy	15:50.00	_____
11	Brian Cole	SO	Knox	16:37.01	_____
12	Joseph Gilmore	FR	Knox	17:17.49	_____
13	Ty Balduf	SO	St. Ambrose	16:00.00	_____
14	Tad Hulst		Unattached	16:10.00	_____
15	Grant Colborn	FR	St. Ambrose	16:30.00	_____
16	TJ Mosbach	SR	Mount Mercy	15:44.00	_____

Event 26 Women 5000 Meter Run

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	Mallory Lampasona	FR	St. Ambrose	19:59.00	_____
2	Genesis Cerrato	SR	Rockford	18:46.64	_____
3	Maggie Brundige	SO	Monmouth (II)	20:07.94	_____
4	Eveline Niyokwizigwa	JR	Mount Mercy	19:25.00	_____
5	Katie Nelson	FR	St. Ambrose	19:30.00	_____
6	Mackenzie Holladay	SR	Mount Mercy	20:15.00	_____
7	Dana Ewan	SO	Mount Mercy	19:40.00	_____
8	Laura Biederwolf	FR	St. Ambrose	19:59.00	_____
9	Kyra Kimber	JR	Monmouth (II)	NT	_____
10	Abby Martin	FR	Mount Mercy	21:15.00	_____
11	Autumn Rohweder	SR	Knox	22:00.12	_____
12	Elizabeth Reyes	SO	Knox	19:43.03	_____
13	Katie Wetzell	JR	St. Ambrose	19:59.00	_____
14	Anne Bruno	SR	Mount Mercy	19:45.00	_____

Event 27 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time	
Section 1 of 2 Finals				
4	St. Ambrose		NT	_____
5	Mount Mercy	B	3:41.00	_____
6	Monmouth (II)	D	NT	_____

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Section 2 of 2 Finals...(Event 27 Men 4x400 Meter Relay)

2	Monmouth (II)	C	3:32.00	_____
3	Quincy		3:29.15	_____
4	Iowa Wesleya		3:23.80	_____
5	Monmouth (II)		3:16.75	_____
6	Ashford		3:22.00	_____
7	Monmouth (II)	B	3:24.00	_____
8	Mount Mercy		3:32.00	_____
9	Knox		3:34.55	_____

Event 28 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time	
Section 1 of 1 Finals				
3	Mount Mercy	B	4:22.00	_____
4	Monmouth (II)		4:12.00	_____
5	Mount Mercy		4:09.00	_____
6	St. Ambrose		4:10.00	_____
7	Ashford		4:20.00	_____
8	Knox		4:41.42	_____

Event 29 Men Shot Put

Pos	Name	Yr	School	Seed Mark	
Flight 1 of 2 Finals					
1	Bradley Nachtman	FR	Mount Mercy	7.24m	_____
2	Christian Soto-Laboy	FR	Iowa Wesleya	7.52m	_____
3	Kyle Smith	JR	Rockford	8.00m	_____
4	Andrew Esser	SO	St. Ambrose	8.50m	_____
5	Josh Stice	JR	St. Ambrose	10.54m	_____
6	Devin Baldwin	SO	Iowa Wesleya	10.58m	_____
7	Jay Stinauer	FR	Monmouth (II)	11.03m	_____
8	Kenny Parks	SO	Rockford	11.21m	_____
9	Taylor Roberts	SO	Monmouth (II)	11.33m	_____
10	Ben Burger	SO	Monmouth (II)	11.94m	_____
11	Jerry Sikkema	SR	Ashford	12.04m	_____
Flight 2 of 2 Finals					
1	Austin Robbins	SR	St. Ambrose	12.05m	_____
2	Brad Sabel	FR	Iowa Wesleya	12.30m	_____
3	Jonathon Olson	SO	Iowa Wesleya	12.47m	_____
4	Devin Compton	SR	Knox	12.76m	_____
5	James Lenihan	FR	Knox	13.63m	_____
6	Kyle Orwig	JR	Monmouth (II)	13.87m	_____
7	Brennan McGlauchlen	SO	Knox	13.93m	_____
8	DeAndre Smith	SR	Monmouth (II)	14.00m	_____
9	Weston Chenoweth	SR	Knox	14.18m	_____
10	Tyler Parksey	FR	Monmouth (II)	14.22m	_____
11	Nathan Stern	SR	Mount Mercy	15.95m	_____

Event 30 Women Shot Put

Pos	Name	Yr	School	Seed Mark	
Flight 1 of 2 Finals					
1	Jessica Fritts	FR	Knox	8.10m	_____
2	Rebecca Hoder	SR	Ashford	8.75m	_____
3	Suzanne Flexsenhar	SO	Mount Mercy	9.24m	_____
4	Nicolette Bridgeforth	JR	Knox	9.35m	_____
5	Kristi Feldman	FR	Mount Mercy	9.40m	_____
6	Megan Miller	FR	Mount Mercy	9.45m	_____
7	Ariana Sanders	SO	Rockford	10.00m	_____
Flight 2 of 2 Finals					
1	Autumn Vergeyle	SO	St. Ambrose	10.14m	_____
2	Cienna Strother	JR	Iowa Wesleya	10.55m	_____
3	Kayla Hanson	JR	Mount Mercy	10.55m	_____
4	Ariel Hudson	SO	Ashford	11.16m	_____
5	Erin Maul	JR	Monmouth (II)	11.74m	_____
6	Samantha Gatewood	SR	Ashford	12.56m	_____
7	Raven Robinson	SR	Monmouth (II)	13.56m	_____

Event 31 Men Discus Throw

Pos	Name	Yr	School	Seed Mark	
Flight 1 of 2 Finals					
1	Bradley Nachtman	FR	Mount Mercy	ND	_____
2	Kyle Smith	JR	Rockford	ND	_____
3	Kenny Parks	SO	Rockford	ND	_____
4	Nathan Stern	SR	Mount Mercy	ND	_____
5	Christian Soto-Laboy	FR	Iowa Wesleya	18.35m	_____
6	Adam Worden	SR	Knox	29.99m	_____
7	Brennan McGlauchlen	SO	Knox	31.10m	_____
8	Devin Baldwin	SO	Iowa Wesleya	31.78m	_____
9	Brad Sabel	FR	Iowa Wesleya	34.01m	_____
10	Jerry Sikkema	SR	Ashford	36.26m	_____
Flight 2 of 2 Finals					
1	Jonathon Olson	SO	Iowa Wesleya	37.60m	_____
2	Austin Robbins	SR	St. Ambrose	38.54m	_____
3	Taylor Roberts	SO	Monmouth (II)	38.68m	_____
4	Devin Compton	SR	Knox	38.92m	_____
5	Kyle Orwig	JR	Monmouth (II)	39.23m	_____
6	Tim Worrell	SR	Knox	39.56m	_____
7	Blake Sondgeroth	FR	Monmouth (II)	42.28m	_____
8	Weston Chenoweth	SR	Knox	42.60m	_____
9	Seth Pennock	SO	Mount Mercy	42.98m	_____
10	DeAndre Smith	SR	Monmouth (II)	45.89m	_____

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Event 32 Women Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ariana Sanders	SO	Rockford	ND	_____
2	Jessica Fritts	FR	Knox	23.68m	_____
3	Nicolette Bridgeforth	JR	Knox	26.10m	_____
4	Samantha Smart	SO	Mount Mercy	27.00m	_____
5	Cienna Strother	JR	Iowa Wesleya	28.18m	_____
6	Mady Powers	FR	Iowa Wesleya	28.18m	_____
7	Ariel Hudson	SO	Ashford	33.52m	_____
8	Kayla Hanson	JR	Mount Mercy	34.00m	_____
9	Kristi Feldman	FR	Mount Mercy	35.19m	_____
10	Samantha Gatewood	SR	Ashford	40.66m	_____
11	Raven Robinson	SR	Monmouth (II)	41.12m	_____
12	Erin Maul	JR	Monmouth (II)	41.59m	_____

Event 33 Men Hammer Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Kenny Parks	SO	Rockford	ND	_____
2	Tyler Parksey	FR	Monmouth (II)	ND	_____
3	Seth Pennock	SO	Mount Mercy	ND	_____
4	Adam Worden	SR	Knox	33.27m	_____
5	Brennan McGlauchlen	SO	Knox	34.16m	_____
6	Taylor Roberts	SO	Monmouth (II)	34.50m	_____
7	Troy Hallberg	JR	Iowa Wesleya	37.70m	_____
Flight 2 of 2 Finals					
1	Tim Worrell	SR	Knox	37.71m	_____
2	Ben Burger	SO	Monmouth (II)	38.00m	_____
3	Jay Stinauer	FR	Monmouth (II)	38.47m	_____
4	Austin Robbins	SR	St. Ambrose	39.17m	_____
5	Jerry Sikkema	SR	Ashford	41.11m	_____
6	DeAndre Smith	SR	Monmouth (II)	42.30m	_____
7	Kyle Orwig	JR	Monmouth (II)	43.64m	_____
8	Walt Willis	NA	Unat-Ashford	47.09m	_____

Event 34 Women Hammer Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Nicolette Bridgeforth	JR	Knox	34.00m	_____
2	Ariel Hudson	SO	Ashford	44.24m	_____
3	Kayla Hanson	JR	Mount Mercy	45.00m	_____
4	Samantha Gatewood	SR	Ashford	45.97m	_____
5	Erin Maul	JR	Monmouth (II)	47.17m	_____
6	Raven Robinson	SR	Monmouth (II)	49.05m	_____

Event 35 Men Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Gaige Gill	SR	Mount Mercy	ND	_____
2	Josh Stice	JR	St. Ambrose	ND	_____
3	James Lenihan	FR	Knox	ND	_____
4	Anthony Crawley	FR	Mount Mercy	ND	_____
5	Ryan Liercke	FR	Mount Mercy	ND	_____
6	Patrick Mahoney	SO	St. Ambrose	29.00m	_____
7	Troy Hallberg	JR	Iowa Wesleya	32.55m	_____
Flight 2 of 2 Finals					
1	Adam Worden	SR	Knox	37.07m	_____
2	Austin Robbins	SR	St. Ambrose	40.37m	_____
3	Lucas Rusk	SO	St. Ambrose	42.44m	_____
4	Steven Andris	JR	Monmouth (II)	42.93m	_____
5	Devin Compton	SR	Knox	42.94m	_____
6	Weston Chenoweth	SR	Knox	47.35m	_____
7	AJ Smith	NA	Unat-Ashford	47.38m	_____
8	Scott Duncan	JR	Monmouth (II)	50.06m	_____

Event 36 Women Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Jaclyn Scavuzzo	JR	St. Ambrose	ND	_____
2	Nichole Johnson	JR	Ashford	ND	_____
3	Kristi Feldman	FR	Mount Mercy	ND	_____
4	Barbara Duffy	SR	Rockford	ND	_____
5	Taylor Zumbach	SO	Mount Mercy	ND	_____
6	Nicolette Bridgeforth	JR	Knox	16.56m	_____
7	Ariana Sanders	SO	Rockford	17.82m	_____
8	Blakely Martin	FR	Mount Mercy	23.58m	_____
Flight 2 of 2 Finals					
1	Danielle Erikson	SR	Knox	26.67m	_____
2	Autumn Vergeyle	SO	St. Ambrose	28.99m	_____
3	Suzanne Flexsenhar	SO	Mount Mercy	29.75m	_____
4	Rebecca Hoder	SR	Ashford	30.94m	_____
5	Emily Tysma	SR	Monmouth (II)	31.05m	_____
6	Justine Jensen	SO	Mount Mercy	31.48m	_____
7	Joslyn Ehlers	NA	Unat-Ashford	33.49m	_____
8	Marla Willard	SR	Monmouth (II)	34.00m	_____
9	Jenna Higgins		Unattached	50.00m	_____

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Event 37 Men Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Damien Trost	JR	St. Ambrose	NH
2	Joseph Torres	JR	St. Ambrose	NH
3	David Krueger	FR	St. Ambrose	2.82m
4	Patrick Mahoney	SO	St. Ambrose	3.35m
5	Branden Lambiase	SR	Ashford	3.50m
6	Josh Stice	JR	St. Ambrose	3.50m
7	Lucas Rusk	SO	St. Ambrose	3.73m
8	Nick Wager	SO	St. Ambrose	4.04m
9	Steven Andris	JR	Monmouth (II)	4.46m
10	Joe Ward	SO	Monmouth (II)	4.70m
11	Mike Malone	JR	Ashford	4.80m

Event 38 Women Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Amanda Aberle	SO	St. Ambrose	2.36m
2	Kaela Hanson	FR	Monmouth (II)	2.42m
3	Katie Pennacchio	FR	St. Ambrose	2.51m
4	ShirJia Bielefeld	JR	Knox	2.62m
5	Cassidy Chambers	FR	Ashford	2.63m
6	Celeste Raya	JR	St. Ambrose	2.67m
7	Haley Fischer	SR	Ashford	2.97m
8	Morgan Ryan	SR	Monmouth (II)	3.66m

Event 39 Men Long Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Edward Robinson	FR	St. Ambrose	5.53m
2	Graham Wittrock	FR	Iowa Wesleya	5.67m
3	Kris Lee	SO	Mount Mercy	5.73m
4	Rasheed Debord	FR	St. Ambrose	5.78m
5	Ryan Liercke	FR	Mount Mercy	6.00m
6	Jordan Bell	SR	St. Ambrose	6.28m
7	William Stephenson	JR	Iowa Wesleya	6.30m
8	Mike Malone	JR	Ashford	6.99m

Event 40 Women Long Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Danielle Erikson	SR	Knox	4.32m
2	Tori Zlomie	FR	St. Ambrose	4.39m
3	Rebecca Hoder	SR	Ashford	4.60m
4	Haley Fischer	SR	Ashford	4.68m
5	Karissa Alfred	SO	St. Ambrose	4.86m
6	Aminah Baloch	FR	Mount Mercy	4.96m
7	April Devore	JR	St. Ambrose	5.04m
8	Trineisha Gray	SO	St. Ambrose	5.26m
9	Nicole Sanborn	FR	Mount Mercy	5.31m
10	Liz Mosbach	SO	Mount Mercy	5.56m

Event 41 Men Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Damien Trost	JR	St. Ambrose	ND
2	Kris Lee	SO	Mount Mercy	ND
3	Nick Scobee	FR	St. Ambrose	9.73m
4	Josh Stice	JR	St. Ambrose	10.80m
5	Rasheed Debord	FR	St. Ambrose	12.06m
6	Edward Robinson	FR	St. Ambrose	12.25m
7	Duane Lee	SR	Iowa Wesleya	12.40m
8	Jordan Bell	SR	St. Ambrose	13.16m

Event 42 Women Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Tori Zlomie	FR	St. Ambrose	9.50m
2	Karissa Alfred	SO	St. Ambrose	9.83m
3	Aminah Baloch	FR	Mount Mercy	9.85m
4	Liz Mosbach	SO	Mount Mercy	10.27m
5	Nicole Sanborn	FR	Mount Mercy	10.27m
6	Ashley Castellanos	FR	Monmouth (II)	10.69m
7	Naomi Patruchak	SR	St. Ambrose	10.90m
8	Trineisha Gray	SO	St. Ambrose	10.90m
9	Bailey Jackson	SR	Monmouth (II)	11.42m

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Event 43 Men High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	David Fullenwiley	FR	Mount Mercy	NH _____
2	Nick Scobee	FR	St. Ambrose	1.76m _____
3	Andrew Esser	SO	St. Ambrose	1.76m _____
4	Welbon Garnett	FR	Monmouth (II)	1.83m _____
5	Austin Reedy	FR	Eureka	1.85m _____
6	Kaz Johnson	SR	St. Ambrose	1.91m _____
7	Joseph Torres	JR	St. Ambrose	1.91m _____
8	Scott Duncan	JR	Monmouth (II)	1.98m _____
9	AJ Smith	NA	Unat-Ashford	2.04m _____
10	Rob Wallace	FR	Monmouth (II)	2.08m _____

Event 44 Women High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Suzanne Flexsenhar	SO	Mount Mercy	1.30m _____
2	Ali Cowell	JR	St. Ambrose	1.45m _____
3	Courtney Camp	JR	St. Ambrose	1.45m _____
4	Danielle Schroeder	FR	Mount Mercy	1.47m _____
5	Micah Wedemeier	JR	Ashford	1.50m _____
6	Larissa Wilden		Unattached	1.53m _____
7	Sara Strauel	FR	St. Ambrose	1.55m _____
8	Cassidy Chambers	FR	Ashford	1.55m _____
9	Emily Tysma	SR	Monmouth (II)	1.70m _____