

Schedule of Events for Day 1:

Field Events will begin at 12:30 PM. Running events will begin at 1:00 PM. Subsequent time schedule and number of heats (as well as advancement) to be determined after seeding has occurred.

12:00 Coaches' Meeting

Field Events-All Finals (Top 2 advances to state)

12:30	Girls Triple Jump	Boys High Jump
	Girls Pole Vault	Boys Long Jump
	Girls Shot Put	Boys Discus Throw

Running Events

1:00 Girls 100m High Hurdles Prelims (4 heats, 1st & 2nd plus the next 10 fastest advance)

1:20 Boys 110m High Hurdles Prelims (4 heats, 1st & 2nd plus the next 10 fastest advance)

1:40 Girls 100m Dash Prelims (8 heats, 1st & 2nd plus the next 2 fastest advance)

2:00 Boys 100m Dash Prelims (8 heats, 1st & 2nd plus the next 2 fastest advance)

2:20 Boys 3200 m Run Finals Section 1

2:40 Girls 100m High Hurdles Semis (2 heats, 1st & 2nd plus the next 5 fastest advance)

2:50 Boys 110m High Hurdles Prelims (2 heats, 1st & 2nd plus the next 5 fastest advance)

3:00 Girls 100m Dash Prelims (2 heats, 1st & 2nd plus the next 5 fastest advance)

3:10 Boys 100m Dash (2 heats, 1st & 2nd plus the next 5 fastest advance)

3:20 Girls 3200 m Run Finals Section 1

3:40 Girls 4 x 200 Relay (2 heats, 1st & 2nd plus the next 5 fastest advance)

3:50 Boys 4 x 200 Relay (3 heats, 1st & 2nd plus the next 3 fastest advance)

4:00 BREAK

4:10 Girls 4 x 100 (2 heats, 1st & 2nd plus the next 5 fastest advance)

4:20 Boys 4 x100 (3 heats, 1st & 2nd plus the next 3 fastest advance)

4:33 Girls 400m Dash (6 heats, 1st & 2nd plus the next 6 fastest advance)

4:48 Boys 400m Dash (6 heats, 1st & 2nd plus the next 6 fastest advance)

5:03 Girls 300m Low Hurdles (4 heats, 1st & 2nd plus the next 10 fastest advance)

5:18 Boys 300m Inter Hurdles (3 heats, 1st & 2nd plus the next 12 fastest advance)

5:32 Girls 800m Run (4 heats, 1st & 2nd plus the next 4 fastest advance)

5:48 Boys 800m Run (4 heats, 1st & 2nd plus the next 4 fastest advance)

6:05 Girls 200m Dash (7 heats, 1st & 2nd plus the next 4 fastest advance)

6:15 Boys 200m Dash (7 heats, 1st & 2nd plus the next 4 fastest advance)

6:25 Girls 3200 m Run Finals Section 2 (1st & 2nd advance to state based on time from both sections)

6:45 Boys 3200 m Run Finals Section 2 (1st & 2nd advance to state based on time from both sections)

7:00 Girls 4 x 400 (2 heats, 1st & 2nd plus the next 5 fastest advance)

7:10 Boys 4 x 400 (3 heats, 1st & 2nd plus the next 3 fastest advance)

**2014 Section 4A Track & Field
Championship & MSHSL Qualifying Meet**

Saturday, May 30
Day 2 Meet Schedule – Finals

9:00 Coaches' Meeting

Field Events (Top 2 advances to state)

10:00	Girls Long Jump	Boys Pole Vault
	Girls Discus	Boys Triple Jump
	Girls High Jump	Boys Shot Put

Running Events (all finals)

11:00 Girls 4 x 800m Relay Finals – one section (1st and 2nd advance to State)
11:15 Boys 4 x 800m Relay Finals – one section (1st and 2nd advance to State)
11:30 Girls 100m High Hurdles
11:40 Boys 110m High Hurdles
11:50 Girls 100m Dash
11:55 Boys 100m Dash
12:00 Girls 4 x 200m Relay
12:10 Boys 4 x 200m Relay
12:20 Girls 1600 m Run Finals - 2 sections, top seeded times in section 2
12:40 Boys 1600 m Run Finals – 2 sections, top seeded times in section 2
1:00 Girls 4 x 100m Relay
1:08 Boys 4 x 100m Relay
1:16 Girls 400m Dash- two sections, 1st plus next 3 fastest in section 2
1:24 Boys 400m Dash-two sections, 1st plus next 3 fastest in section 2
1:32 Girls 300m Low Hurdles- two sections, 1st and 2nd plus next 3 fastest in section 2
1:40 Boys 300m Intern Hurdles- two sections, 1st and 2nd plus next 3 fastest in section 2
1:48 Girls 800m Run
1:55 Boys 800m Run
2:05 Girls 200m Dash-two sections; 1st and 2nd plus next 5 fastest in section 2
2:15 Boys 200m Dash- two sections; 1st and 2nd plus next 5 fastest in section 2
20 MINUTE BREAK to allow for recovery
2:35 Girls 4 x 400m Relay
2:45 Boys 4 x 400m Relay